

SUBSTANCE USE DISORDER COUNSELOR (SUDC)

Associate in Applied Science (AAS)

Program Code: 10-530-1

Total Credits: 68

Mid-State's Substance Abuse Disorder Counselor (SUDC) program is designed for individuals interested in working with addiction issues. You will develop skills in counseling, diagnosis of addiction issues, treatment planning, group facilitation, and crisis management. This program is a shared program with Nicolet Technical College. In this program you'll also learn how to respect client rights, understand the complexity of addiction illnesses, and adhere to ethical guidelines. The degree will prepare you for entry-level work in facilities such as clinics, hospitals, community residential facilities, and various community and social services agencies.

To learn more about this program, visit mstc.edu/programs.

ACADEMIC ADVISOR

To schedule an appointment with an academic advisor, call 715-422-5300. Academic advisors will travel to other campuses as necessary to accommodate student needs. For more information about advising, visit mstc.edu/advising.

NEW STUDENT CHECKLIST

Complete the following steps to prepare for your New Student Advising appointment with your academic advisor:

- Submit a Mid-State application at mstc.edu/apply.
- Send official transcripts to:
Mid-State Technical College
Student Services
500 32nd Street North
Wisconsin Rapids, WI 54494
- Complete the Free Application for Federal Student Aid (FAFSA) at fafsa.gov. Mid-State's Financial Aid team is available to assist with your FAFSA application and to answer your financial aid questions. Contact Financial Aid or schedule an appointment at mstc.edu/financial-aid.
- Set up student MyCampus account at mstc.edu/mycampus-assistance.
- Schedule a New Student Advising appointment at mstc.edu/advising.

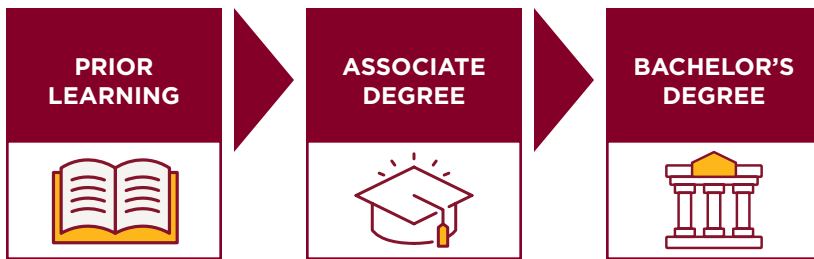
mstc.edu • 888-575-6782 • TTY: 711



Adams Campus • Marshfield Campus • Stevens Point Downtown Campus • Wisconsin Rapids Campus • Virtual Campus • AMETA® Center

Mid-State does not discriminate on the basis of race, color, national origin, sex, disability, or age in its program, activity, or employment. The following person has been designated to handle inquiries regarding the nondiscrimination policies: Vice President - Human Resources; 500 32nd Street North, Wisconsin Rapids, WI 54494; 715-422-5325 • AAEO@mstc.edu. 3/2026-AC

CAREER PATHWAY



Career pathways help you build your education step by step. Each stage offers one or more credentials that are recognized by employers and lead to real jobs—and you can keep building toward your career goals as you go.

Begin at any point.

Prior Learning

Credit for Prior Learning

- Certifications and Licenses
- Military Experience
- National/Standardized Exams
- Transfer Credit
- Work and Life Experience

Learn about Credit for Prior Learning at mstc.edu/cpl.

High School Credit

- High School Dual Credit
- Mid-State Fast Track

Learn about High School Credit at mstc.edu/dc.

Associate Degree

- Substance Use Disorder Counselor (SUDC) (68 Credits)
Start Your Career: Resident Manager, Residential SUDC Counselor, Substance Use Disorder Counselor (SUDC), SUDC Counselor Aide, Treatment Counselor

Bachelor's Degree

For those interested in continuing their education, Mid-State offers transfer guides with various four-year colleges and universities. For more information, visit mstc.edu/transfer.

Other Options

Related Programs: Advanced EMT, Emergency Medical Technician, Health & Wellness Promotion, Medical Assistant, Phlebotomy, Radiography

OUTCOMES

Employers will expect you, as a Substance Use Disorder Counselor (SUDC) graduate, to be able to:

- Apply personal wellness strategies for the helping professions.
- Counsel clients.
- Develop individualized treatment plans.
- Develop professional relationships with clients.
- Display professional conduct in the clinical setting.
- Evaluate client for SUD treatment.
- Facilitate client referrals.
- Manage client cases.
- Produce professional SUDC documentation.
- Provide education relevant to substance use and recovery.

TECHNICAL SKILLS ATTAINMENT

The Wisconsin Technical College System (WTCS) has implemented a requirement that all technical colleges measure outcomes attained by students. This requirement is called Technical Skills Attainment (TSA). The main objective of TSA is to ensure graduates have the technical skills needed by employers. Faculty will let students know when and how the TSA is being assessed in the program.

PROGRAM PROGRESSION

Students must obtain a grade of “C” or better in each required general education and core course. If a “C” grade is not obtained, you will be required to repeat the course.

TECHNICAL STANDARDS

A list of specific physical, emotional, and mental tasks needed to function as a substance use disorder counselor is available at mstc.edu/programs/substance-use-disorder-counselor-sudc. Contact the Accessibility Services Coordinator in the Student Services & Information Center to receive assistance.

ADMISSIONS PROCEDURES

This shared Substance Use Disorder Counselor (SUDC) program allows students to start at Mid-State and transition into core coursework delivered by Nicolet College. Financial aid is processed through Nicolet using code 008919.

STUDENT HANDBOOK

Visit mstc.edu/studenthandbook to view Mid-State’s student handbook, which contains information about admissions, enrollment, appeals processes, services for people with disabilities, financial aid, graduation, privacy, Mid-State’s Student Code of Conduct, and technology.

GRADUATION REQUIREMENT

The GPS for Student Success course is required for all Mid-State program students and is recommended to be completed before obtaining 12 credits. Some students are exempt from this requirement. Please see your academic advisor for more information.

ADDITIONAL COURSES AS NEEDED

The following courses may be recommended or required if the student does not achieve minimum placement scores.

College Reading and Writing 1

10831104

3 credits

Provides learners with opportunities to develop and expand reading and writing skills to prepare for college-level academic work. Students will employ critical reading strategies to improve comprehension, analysis, and retention of texts. Students will apply the writing process to produce well-developed, coherent, and unified written work.

Pre-Algebra

10834109

3 credits

Provides an introduction to algebra. Includes operations on real numbers, solving linear equations, percent and proportion, and an introduction to polynomials and statistics. Prepares students for elementary algebra and subsequent algebra-related courses.

MULTIPLE MEASURES

Students can place into courses using high school GPA and completed classes. Placement can be determined in the following ways:

- **Multiple Measures Writing (MMW)**
High school GPA of 2.6 & successful completion of 2.0 credits of high school writing courses with a “C” or better
- **Multiple Measures Reading (MMR)**
High school GPA of 2.6 & successful completion of 2.0 credits of high school literature courses with a “C” or better
- **Multiple Measures Math 1 (MMM_1)**
High school GPA of 2.6 & successful completion of 1.0 credit of high school math (Algebra 1 or equivalent) with a “C” or better
- **Multiple Measures Math 2 (MMM_2)**
High school GPA of 2.6 & successful completion of 2.0 credits of high school math including Algebra 1 and Algebra 2 with a “C” or better
- **Multiple Measures Science 1 (MMS_1)**
High school GPA of 2.6 & successful completion of 1.0 credit of high school lab science course with a “C” or better
- **Multiple Measures Science 2 (MMS_2)**
High school GPA of 2.6 & successful completion of 1.0 credit of high school chemistry with a “C” or better

Past high school and college transcripts are used in making course placement decisions.

SAMPLE FULL-TIME CURRICULUM OPTION

Substance Use Disorder Counselor (SUDC) • 68 Total Credits

Term	Course Number	Course Name	CPL	Credits
17 Credits	10550201	Understanding Substance Use	No	3
	10550206	Introduction Interviewing and Counseling Skills	No	3
	10801195	Written Communication	Yes	3
	10806198	Human Biology	No	4
	10809198	Introduction to Psychology	Yes	3
	10890102	GPS for Student Success	Yes	1
Term	Course Number	Course Name	CPL	Credits
18 Credits	10550202	Foundations of Case Management	No	3
	10550204	Group Facilitation	No	3
	10550207	Psychopharmacology	No	3
	10550209	Family Systems	No	3
	10550210	Boundaries and Ethics for the Helping Profession	No	3
	10809159	Abnormal Psychology	No	3
Term	Course Number	Course Name	CPL	Credits
18 Credits	10550200	Intro to Substance Use Disorder Profession	No	3
	10550203	Overview of Mental Health Disorders	No	3
	10550205	Counseling Theory	No	3
	10550208	SUDC Assessment Diagnosis and Treatment	No	3
	10550211	Clinical Experience 1	No	3
	10801196	Oral Interpersonal Communication	Yes	3
Term	Course Number	Course Name	CPL	Credits
15 Credits	10550122	Across the Lifespan	No	3
	10550212	Clinical Experience 2	No	3
	10809188	Developmental Psychology	Yes	3
	10809172	Introduction to Diversity Studies	Yes	3
	Elective	Elective	No	3

Please Note

- Credit for Prior Learning (CPL) options are available for some courses. You can visit mstc.edu/cpl or contact your academic advisor for details.
- This curriculum sequence is only for student planning. Actual student schedules will vary depending on course availability.
- Program completion time may vary based on student scheduling and course availability. For details, go to mstc.edu/schedule.
- Get the latest updates online at mstc.edu.

COURSE DESCRIPTIONS

Abnormal Psychology

20809237

3 credits

The course addresses the foundations of abnormal psychology and psychological disorders, including their characteristics, possible causes, assessments, diagnostic processes, and treatments. The course includes examination of major historical and theoretical perspectives, research, sociocultural considerations, and elements of psychological wellness.

Prerequisite: Introduction to Psychology 10809198 with a grade of "C" or better

Across the Lifespan

10550122

3 credits

This course introduces and assists students to evaluate problematic issues found in development across the lifespan. Development areas range from birth to death and includes topics such as sexuality, sexual behaviors, child maltreatment, and AODA/substance abuse issues. This course is designed to encourage understanding of healthy development in humans and provide a foundation of therapeutic interventions and knowledge of development across the lifespan. Students will assess ethical and boundary issues that are common when working in a helping profession.

Prerequisite: 10550211 Clinical Experience 1 (C or better)

Boundaries and Ethics for the Helping Profession

10550210

3 credits

Evaluate the ethical codes of the helping professions. Examine professional boundaries related to the helping professions. Incorporate ethical standards into decision making processes. Examine ethical considerations related to professional standards for the helping professions. Examine ethical considerations related to state and federal regulations for the helping professions. Examine the ethical considerations related to professional self-care.

Prerequisite: 10550206 Introduction to Interview and Counsel (C or better)

Clinical Experience 1

10550211

3 credits

Immersive experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in the two previous semesters of coursework. Emphasis on gaining first-hand knowledge and refine previously acquired skills to gain a greater understanding of self and the helping professions.

Prerequisites: 10550201 Understanding Substance Use (C or better) and 10550206 Introduction to Interview and Counsel (C or better) and 10550202 Foundations of Case Management (C or better) and 10550210 Boundaries Ethics for Helping Profession (C or better).

Corequisite: 10550200 Intro to Substance Use Disorder Profession

Clinical Experience 2

10550212

3 credits

Immersion experience with an agency including supervised practice in the 12 core functions. Integrates the knowledge, theory, skills, and professional behaviors learned in previous courses and refined in Clinical I immersion experience. Emphasis on applying previously acquired knowledge and skills and gaining a greater understanding of self and the helping professions through first-hand experience.

Prerequisites: 10550211 Clinical Experience 1 (C or better) and 10550205 Counseling Theory (C or better)

Counseling Theory

10550205

3 credits

Summarize the history of, and explore the primary concepts within, the major approaches to counseling. Explore the empirical foundations of each theory. Examine application of theories to counseling. Review specific techniques of each theoretical approach. Examine the role of the counselor within each theoretical approach. Explore the role of the counselor, the scope of practice, and the ethical implications in counseling.

Prerequisite: 10550204 Group Facilitation (C or better)

Developmental Psychology

10809188

3 credits

Studies human development throughout the lifespan and explores developmental theory and research with an emphasis on the interactive nature of the biological, cognitive, and psychosocial changes that affect the individual from conception to death. Application activities and critical thinking skills enable students to gain an increased knowledge and understanding of themselves and others.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

Family Systems

10550209

3 credits

Provides a broad understanding of family systems theory and practice relevant to the human services field. Focus is on evaluating the communication and interaction patterns and applying interventions and strategies.

Prerequisite: 10550201 Understanding Substance Use (C or better)

Foundations of Case Management

10550202

3 credits

Introduction to case management techniques and processes. Incorporates intake assessment techniques, service planning techniques, referral processes, coordination of care, and discharge processes determined by a multidisciplinary team approach. Includes client self-determination and autonomy. Incorporates clinical documentation requirements and processes.

Prerequisite: 10550206 Introduction to Interview and Counsel (C or better)

GPS for Student Success

10890102

1 credit

Integrate necessary skills for student success by developing an academic plan, identifying interpersonal attributes for success, adopting efficient and effective learning strategies, and utilizing Mid-State resources, policies, and processes.

This course is recommended to be completed prior to obtaining 12 credits and is a graduation requirement unless you receive an exemption from your program advisor.

Group Facilitation

10550204

3 credits

An introduction to theory and practice of group dynamics and processes. Includes ethical considerations, effective group leadership, and stages of group development.

Also includes demonstration of group facilitation skills, clinical documentation, co-facilitation strategies, reflective practitioner techniques, and group formation.

Prerequisite: 10550206 Introduction to Interview and Counsel (C or better)

Human Biology

10806198

4 credits

This is an introductory course that emphasizes the structure of the human body and the functional interrelationships of the body's systems. Consideration is given to the human body and disease, human genetics, human ecology, and the role that humans play in the environment. The course consists of 3 hours of lecture and 2 hours of lab per week.

Note: This course does not meet requirements for or substitute for General Anatomy and Physiology or Anatomy & Physiology I and II.

Prerequisite: High School GPA of 3.0 or Accuplacer Reading Skills of 236, or ACT of 15, or Accuplacer Reading 262, or QAS 246, or ACT Reading 196, or ACT Math 19, or General Chemistry 10806134, or General Biology 10806114, or Human Body in Health & Disease 31509302

**this course does satisfy the Diversity Ethnic Studies requirement and/or Social and Behavioral Sciences requirement*

Intro to Substance Use Disorder Profession

10550200

3 credits

Explore characteristics that are incorporated into substance use counseling and practice. Determine personal values, beliefs, strengths and weaknesses. Analyze the eight practice dimensions used to effectively treat substance use disorders: Clinical Evaluation; Treatment Planning; Referral; Service Coordination; Counseling; Patient, Family and Community Education; Documentation; and Professional and Ethical Responsibilities. Evaluate legal and ethical issues surrounding substance use counseling. Evaluate Information about Wisconsin licensing for substance use counseling.

Note: This course does not meet requirements for or substitute for General Anatomy and Physiology or Anatomy & Physiology I and II.

Prerequisites: 10550206 Introduction to Interview and Counsel (C or better) and 10550202 Foundations of Case Management (C or better) and 10550210 Boundaries Ethics for Helping Profession (C or better). Corequisite: 10550211 Clinical Experience 1

Introduction Interviewing and Counseling Skills

10550206

3 credits

Analyze foundational skills in the counseling relationship. Analyze the stages of the helping processes and the roles professionals play in the processes. Analyze the importance of establishing therapeutic relationships. Apply basic counseling techniques. Apply interviewing and counseling skills through mock counseling sessions and personal experience reflections. Examine issues of boundaries and ethics.

Introduction to Diversity Studies

10809172

3 credits

This course introduces the study of diversity from a local to a global perspective using a holistic, interdisciplinary approach that encourages exploration and prepares students to work in a diverse environment. The course introduces basic diversity concepts, examines the impact of bias and power differentials among groups, explores the use of culturally responsive communication strategies, and compares forces that shape diversity in an international context.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

Introduction to Psychology

10809198

3 credits

This science of psychology course is a survey of multiple aspects of behavior and mental processes. It provides an overview of topics such as research methods, theoretical perspectives, learning, cognition, memory, motivation, emotions, personality, abnormal psychology, physiological factors, social influences, and development.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English

Oral/Interpersonal Communication

10801196

3 credits

Focuses on developing effective listening techniques and verbal and nonverbal communication skills through oral presentation, group activity, and other projects. The study of self, conflict, and cultural contexts will be explored, as well as their impact on communication.

Prerequisite: High School GPA of 2.6 and MMR and MMW or Accuplacer Reading Skills of 236 and Writing of 237 or ACT of 15 Reading/16 English or College Reading and Writing with a C or better

Overview of Mental Health Disorders

10550203

3 credits

Provides an overview to the history, diagnosis, treatment strategies, legal and ethical considerations, and documentation of mental health conditions. Focus is on understanding the mental health conditions that co-occur with substance use disorders.

Prerequisite: 10550206 Introduction to Interview and Counsel (C or better)

Psychopharmacology

10550207

3 credits

Overview of psychopharmacology including drug categorization history, drug categorization, and drug classification. Includes analysis of neurophysiology of the brain and endocrine system, effects of substances on the body, analysis of delivery systems, and analysis of medical aspects of SUDs. Also includes etiology of addiction, psychopharmacological aspects of withdrawal management, analysis of medications used to treat SUDs and mental health disorders, and SUD medical impacts on the body.

Prerequisite: 10550201 Understanding Substance Use (C or better)

SUDC Assessment, Diagnosis and Treatment

10550208

3 credits

Explore the core components of substance use disorder treatment. Apply the core practice dimensions of Substance Use Disorder Counseling. Evaluate process for SUD clients for the purpose of developing treatment plans and documenting the treatment process.

Prerequisite: 10550210 Boundaries Ethics for Helping Profession (C or better)

Understanding Substance Use

10550201

3 credits

Explore the bio-psych social dynamics of substance use. Examine treatment approaches, models, and screening criteria. Examine substances of abuse, history of SUDs, and their impact on the individual and society.

Written Communication

10801195

3 credits

Develops writing skills which include prewriting, drafting, revising, and editing. A variety of writing assignments are designed to help the learner analyze audience and purpose, research and organize ideas, and format and design documents based on subject matter and content. Also develops critical reading and thinking skills through the analysis of a variety of written documents.

Prerequisite: High School GPA of 2.6 and MMW or Accuplacer Writing of 262 or ACT English score of 20 or completion of College Reading and Writing 1 10831104 with a "C" or better