



Mid-State Technical College
Drug and Alcohol Prevention Program
Biennial Review
2018-2020

The Drug-Free Schools and Communities Act

The Drug-Free Schools and Communities Act (DFSCA) of 1989 requires that any agency to receive financial assistance or funding from a federal agency, a college, must confirm that it has adopted and implemented a program that will be prevent the unlawful possession, use, or distribution of illicit drugs and alcohol by students and employees.

The following are required of DFSCA:

- Prepare a written policy on alcohol and drugs
- Distribute the policy to every student and Mid-State employee
- Prepare a biennial review report on the effectiveness of Mid-States alcohol and drug programs
- Maintain the biennial review so it can be submitted, if requested to the Department of Education or any other individual.
- Mid-State Technical College conducted a review as required for academic year 2018-2019 and 2019-2020.

Compliance with the DFSCA

1. Distribute to each student and employee in the DFSCA in online orientation and in Your Right to Know
 - a. Standards of conduct for students and employees as related to alcohol and drugs
 - b. A description of legal sanctions under school, local, State, Federal law for the unlawful use of alcohol and drugs
 - c. A description of health risks associated with illicit drugs and alcohol abuse
 - d. Clear statement of Mid-State sanctions for students and employees regarding the unlawful use of alcohol and/or drugs
2. Objectives of biennial review
 - a. Determine effectiveness of current alcohol/drug programming
 - b. Ensure disciplinary sanctions are enforced consistently
 - c. Have available to submit to Department of Education if requested

Standards of Conduct

Mid-State is committed to providing an environment where learning and scholarship can flourish. The use of illegal drugs, and the illegal use of alcohol beverages is identified as conduct that adversely affects the college community. Mid-State Technical College regulations prohibit any unlawful possession, use, distribution, or sale of alcohol and other drugs by College students, faculty, staff, or guests on College-owned property and at all College sponsored events.

Disciplinary Sanctions

The penalties for misconduct range from warning to expulsion. Students who violate the Code of Conduct will be referred to the Dean of Retention and Student Support. Students and staff are also subject to city ordinances and state and federal laws related to drugs and alcohol.

Faculty and staff sanctions are listed in the Mid-State Employee Handbook.

Student Code of Conduct: https://www.mstc.edu/sites/default/files/2019-01/StudentCodeofConduct_2.pdf

Employee Handbook: <https://www.mstc.edu/sites/default/files/2019-04/EmployeeHandbook.pdf>

Health Risks

Controlled Substances – Uses and Effects											
DRUGS CSA SCHEDULES	TRADE OR OTHER NAMES	MEDICAL USES	DEPENDENCE Physical Psychological		TOLER- ANCE	DURATIO N (Hours)	USUAL METHODS OF ADMINIS- TRATION	POSSIBLE EFFECTS	EFFECTS OF OVERDOSE	WITHDRAWAL SYNDROME	
NARCOTICS											
Opium	II III V	Dover's Powder, Paregoric, Parepectolin	Analgesic, Antidiarrheal	High	High	Yes	3-6	Oral, smoked	Euphoria, drowsiness, respiratory depression, constricted pupils, nausea	Slow and shallow breathing, clammy skin, convulsions, coma, possible death	Watery eyes, runny nose, yawning, loss of appetite, irritability, tremors, panic, cramps, nausea, chills, and sweating
Morphine	II III	Morphine, MS-Contin, Roxanol, Roxanol-SR	Analgesic, Antitussive	High	High	Yes	3-6	Oral, smoked, injected			
Codeine		Tylenol w/Codeine, Empirin w/Codeine, Robitussin A-C, Fiorinal w/Codeine	Analgesic, Antitussive	Moderate	Moderate	Yes	3-6	Oral, injected			
Heroin	I	Diacetylmorphine, Horse, Smack	None	High	High	Yes	3-6	Injected, sniffed, smoked			
Hydromorphone	II	Dilaudid	Analgesic	High	High	Yes	3-6	Oral, injected			
Meperidine (Pethidine)	II	Demerol, Mepergan	Analgesic	High	High	Yes	3-6	Oral, injected			
Methadone	II	Dolophine, Methadone, Methadose	Analgesic	High	High-Low	Yes	12-24	Oral, injected			
Other Narcotics	II III IV V	Numorphan, Percodan, Percocet, Tylox, Tussionex, Fentanyl, Darvon, Lomotil, Talwin	Analgesic, antidiarrheal, antitussive	High-Low	High-Low	Yes	Variable	Oral, injected			
DEPRESSANTS											
Chloral Hydrate	IV	Noctec	Hypnotic	Moderate	Moderate	Yes	5-8	Oral	Slurred speech, disorientation, drunken behavior without odor of alcohol	Shallow respiration, clammy skin, dilated pupils, weak and rapid pulse, coma, possible death	Anxiety, insomnia, tremors, delirium, convulsions, possible death
Barbiturates	II III IV	Amytal, Butisol, Florinal, Lotunate, Nembutal, Seconal, Tuinal, Phenobarbital	Anesthetic, anticonvulsant, sedative, hypnotic, veterinary euthanasic agent	High-Mod.	High-Mod.	Yes	1-16	Oral			
Benzodiazepines	IV	Ativan, Dalmane, Diazepam, Librium, Xanax, Serax, Valium, Tranxexa, Verstran, Versed, Halcion, Paxipam, Restoril	Antianxiety, anticonvulsant, sedative, hypnotic	Low	Low	Yes	4-8	Oral			
Methaqualone	I	Quaalude	Sedative, hypnotic	High	High	Yes	4-8	Oral			
Glutethimide	III	Doriden	Sedative, hypnotic	High	Moderate	Yes	4-8	Oral			
Other Depressants	III IV	Equanil, Miltown, Noludar, Placidyl, Valmid	Antianxiety, sedative, hypnotic	Moderate	Moderate	Yes	4-8	Oral			

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STIMULANTS												
Cocaine ¹	II	Coke, Flake, Snow, Crack	Local anesthetic	Possible	High	Yes	1-2	Sniffed, smoked, injected	Increased alertness, excitation, euphoria, increased pulse rate and blood pressure, insomnia, loss of appetite	Agitation, increase in body temperature, hallucinations, convulsions, possible death	Apathy, long periods of sleep, irritability, depression, disorientation	
Amphetamines	II	Biphentamine, Dalcobase, Desoxyn, Dexedrine, Obetrol	Attention deficit disorders, narcolepsy, weight control	Possible	High	Yes	2-4	Oral, injected				
Phenmetrazine	II	Preludin	Weight control	Possible	High	Yes	2-4	Oral, injected				
Methylphenidate	II	Ritalin	Attention deficit disorders, narcolepsy	Possible	Moderate	Yes	2-4	Oral, injected				
Other Stimulants	III IV	Adipex, Cylert, Dldrex, Ionamin, Mellat, Plagine, Sanorex, Tenuate, Taperul, Prelu-2	Weight control	Possible	High	Yes	2-4	Oral, injected				
HALLUCINOGENS												
LSD	I	Acid, Microdot	None	None	Unknown	Yes	8-12	Oral	Illusions and hallucina- tions, poor perception of time and distance	Longer, more intense "trip" episodes, psychosis, possible death	Withdrawal syndrome not reported	
Mescaline and Peyote	I	Mexc, Buttons, Cactus	None	None	Unknown	Yes	8-12	Oral				
Amphetamine Variants	I	2,5-DMA, PMA, STP, MDA, MDMA, TMA, DOM, DOB	None	Unknown	Unknown	Yes	Variable	Oral, injected				
Phencyclidine	II	PCP, Angel Dust, Hog	None	Unknown	High	Yes	Days	Smoked, oral, injected				
Phencyclidine Analogues	I	PCE, PCPy, TCP	None	Unknown	High	Yes	Days	Smoked, oral, injected				
Other Hallucinogens	I	Buloterine, ibogaine, DMT, DET, Psilocybin, Psilocyn	None	None	Unknown	Possible	Variable	Smoked, oral, injected, sniffed				
CANNABIS												
Marijuana	I	Pot, Acapulco Gold, Grass, Reefer, Sinsemilla, Thai Sticks	None	Unknown	Moderate	Yes	2-4	Smoked, oral	Euphoria, relaxed inhibitions, increased appetite, disoriented behavior	Fatigue, paranoia, possible psychosis	Insomnia, hyperactivity, and decreased appetite occasionally reported	
Tetrahydrocannabinol	I II	THC, Marinol	Cancer chemotherapy, antinauseant	Unknown	Moderate	Yes	2-4	Smoked, oral				
Hashish	I	Hash	None	Unknown	Moderate	Yes	2-4	Smoked, oral				
Hashish Oil	I	Hash Oil	None	Unknown	Moderate	Yes	2-4	Smoked, oral				

¹Designated a narcotic under the GSA.

²Not designated a narcotic under the GSA.

https://www.dea.gov/sites/default/files/2018-06/drug_of_abuse.pdf

Impact of a Drug Conviction

If you are incarcerated in a federal or state institution you are not eligible for Federal Pell Grants of Federal Student Loans. If you are in an institution other than a federal or state you cannot get Federal Student Loans but you can be eligible for Federal Pell Grants. Your eligibility might also be suspended if the offense occurred while you were receiving federal student aid (grants, loans, or work-study.) If you aid has been suspended due to a drug conviction you can regain edibility by completing an approved drug rehabilitation program or by passing two unannounced drug tests administered by an approved drug rehabilitation program. If you are convicted of a drug-related offense after you submit the FASFA form, you might lose eligibility for federal student aid, and you might be liable for returning any financial aid you received during a period of ineligibility.

AOD Resources

Counseling is available free of charge to all Mid-State students. While Mid-State does not treat drug or alcohol addiction, Mid-State Student Success Counselors are a great starting point to finding appropriate resources within the community. You can schedule with a Mid-State Counselor by calling: 715-422-5300.

Additional Resources:

Adams County

<https://www.co.adams.wi.us/departments/health-human-services>

Wood County

<https://www.co.wood.wi.us/Departments/HumanServices/AODA.aspx>

<https://namiwoodcounty.org/resources/>

Portage County

<https://www.co.portage.wi.us/home/showdocument?id=7982>

<https://healthcare.ascension.org/Locations/Wisconsin/WIAPM/Stevens%20Point%20Prentice%20Clinic%20Saint%20Michaels%20Hospital>

Prevention Programs:

<https://findtreatment.samhsa.gov/>

Programs Addressing Alcohol and Drug Use and Abuse

Alcohol-Free Activities

All programming done through Student Life are alcohol-free activities. These activities range from trivia, bingo, free food, speakers, conferences, and other events. These events are run in the day and evening. A sample of activities included trivia, bingo, a leadership series, guest speakers, graduation, intramurals, and student club activities.

GPS for Student Success Course

GPS for Student Success course is a one credit course required for graduation. This course cover wellness and suicide prevention. Alcohol and drug abuse are discussed in both of these topics and how alcohol and drugs are not healthy coping mechanism for stress and can be an indicator that someone is suicidal.

Employee Assistance Program

All employees and their dependents may utilize EAP to address substance abuse issues. An employee may request a leave of absence to seek assistance for a substance abuse issue by working with Human Resources.

DFSCA Related Crime Statistics from Latest Cleary Report

The numbers below track the arrests and referrals relating to alcohol and other drugs as listed for Mid-State campus locations.

Student Incidents

<u>Report Years</u>	<u>Incidents</u>	<u>Outcomes</u>
2018-2019	0 incidents	NA
2019-2020	0 Incidents	NA

Staff Incidents

<u>Report Years</u>	<u>Incidents</u>	<u>Outcomes</u>
2018-2019	0 incidents	NA
2019-2020	0 Incidents	NA

Strengths of Alcohol and Drug Programming

- Programing is available to all students and employees
- Annual notifications are made to all students and employees by 2 emails that go out Fall and Spring semester, plus it is included in mandatory Online Orientation and on the Mid-State website.
- Resources for prevention and assistance are available to students and employees
- Zero alcohol and drug related incidents have occurred from the years 2018-2020

Weakness of Alcohol and Drug Programming

- Students work part-time and often do not have to time to attend campus activities
- Some students already have an associates degree or bachelors degree and are not required to take GPS

Program Recommendations

- Continue to distribute DFSCA two times a year and maintain on website and in College Orientation
- Discuss treatment options for substance abuse in GPS
- Include Student Success Counselor and/or BIT/Care team members in biennial review
- Explore social media for coverage of alcohol and drug prevention efforts