

## PROGRAM ARTICULATION TABLE

	<b>Mid-State Technical College</b>	<b>University of Wisconsin-Stout</b>
Program name	Health & Wellness Promotion	Human Development & Family Studies
Award Type (e.g., AAS)	AAS	BS
Credit Length	60	120
Describe program admission requirements (if any)		Minimum Cumulative 2.5 GPA required

### SECTION A - General Education

Mid-State Technical College			University of Wisconsin-Stout						
Course Prefix & Number	Course Name	Credits	Course Prefix & Number	Course Name	GE Area	RES/GLP Area Met	Credits Applied	Equip Sub Wav	
<b>General Education</b>									
801-136 801-195	English Composition 1 <b>OR</b> Written Communication	3	*ENGL 101	Composition 1	COMSK		3	Equip	
801-196 801-198	Oral/Interpersonal Communication <b>OR</b> Speech	3	COMST 100	Fundamentals of Speech	COMSK		3	Equip	
806-177	General Anatomy & Physiology	4	BIO 132	Human Biology	ARNS		4	Equip	
809-166	Intro to Ethics: Theory & Application	3	PHIL 235	General Ethics	ARHU OR SRER		3	Equip	
809-188	Developmental Psychology	3	HDFS 255	Lifespan Human Development	GE Selective		3	Equip	
809-196 809-172	Intro to Sociology <b>OR</b> Intro to Diversity Studies	3	SOC 110 HDFS 335	Introductory Sociology Critical Cultural Competence	SBSC	GLP or RES-A	3	Equip	
809-198	Intro to Psychology	3	PSYC 110	General Psychology	SBSC		3	Equip	
<b>General Education Total</b>		<b>22</b>	<b>Section A Subtotal</b>					<b>19-22</b>	

**Special Notes, if any:**

!Either course may be used towards program. 809-196 will apply to general education and 809-172 equivalency counts in Section B.  
\*Grade of C- or higher required to move on to ENGL 102.

### SECTION B - Major, Concentration, Emphasis, Electives, or Other

Major, Concentration, Emphasis, Electives or Other Courses								
				<b>Major Studies</b>				
809-172	Intro to Diversity Studies	*	HDFS 335	Critical Cultural Competence			3	Equip
~546-106	Health & Wellness Practicum	2	HDFS 336	Practicing Critical Cultural Competence			~1	Equip
				<b>Free Electives (6 credits)</b>				
102-101	Intro to Business	3	BUMGT XXX	Business Electives			3	Sub
546-104	Population Health & Wellness	3	HWF XXX	Health, Wellness & Fitness Electives			3	Sub
				<b>Concentration (15 Credits)</b>				
544-102 546-107	Physical Aspects of Aging <b>OR</b> Health Coaching for the Wellness Profsnl	3	HDFS XXX	Family Life Electives			3	Sub
544-103	Healthy Aging	3	HDFS XXX	Family Life Electives			3	Sub
546-100	Essential Concepts for Health & Wellness	3	HWF XXX	Health, Wellness & Fitness Electives			3	Sub
546-101	Nutrition for Health Living	3	FN 102	Nutrition for Healthy Living			3	Sub
546-102	Behavior Change for Wellness	3	HWF XXX	Health, Wellness & Fitness Electives			3	Sub
103-106	Microsoft Office – Introduction	3	Not applicable to UW-Stout’s program requirements. See Section E for credit awarded (if applicable).					
104-102	Marketing Principles	3						
509-102	Human Body in Health and Disease	3						
546-103	Principles of Physical Conditioning	3						
546-105	Program Dev, Implementation & Eval	3						
<b>Section B Subtotal</b>							<b>22-25</b>	
<b>Major, Emphasis, Unrestricted Electives Total</b>		<b>38</b>	<b>Total College Credits Applied (sum of sections A and B)</b>				<b>44</b>	

**Special Notes, if any:**

!See statement in Special Notes above in Section A.  
~If 546-106 Health & Wellness Practicum involves a minimum of 25 hours of direct involvement with individuals and/or families who are culturally different from the student and with whom the student has minimal experience, credit will also be awarded for HDFS 336 Practicing Critical Cultural Competence (1 credit). Documentation must be provided to UW-Stout B.S. HDFS program director. These credits are NOT factored into item #7 on page two of this agreement.

### SECTION C - Remaining University of Wisconsin-Stout Requirements

		<b>General Education</b>		
	ENGL 102	Composition 2	3	
		Analytic Reasoning	6	
		Arts and Humanities	3-6	
	POLS 210	American Government	3	
	SOC 110	Introductory Sociology (or HDFS 335 below)	0-3	
		Contemporary Issues	3	
		Social Responsibility & Ethical Reasoning	0-3	
	<b>General Education Subtotal</b>			<b>21-24</b>
	<b>Major Studies</b>			
	HDFS 101	Introduction to HDFS		1
	HDFS 115	Healthy Couple Relationships		3
	HDFS 124	Human Development: Early Childhood		3
	HDFS 215	Dynamics of Family Development		3
	HDFS 225	Skill Training for Individual/Family Intervention		3
	HDFS 257	Lifespan Sexuality		3
	HDFS 270	Seminar on Self Growth		3
	HDFS 290	Introduction to Understanding Knowledge in HDFS		3
	HDFS 330	Human Development: Adolescent/Emerging Adulthood		3
	HDFS 335	Critical Cultural Competence (or SOC 110 above)		0-3
	HDFS 340	Human Development: Middle to Late Adulthood		3
	HDFS 345	Health Care Dilemmas & Decisions for Families		3
	HDFS 365	Family Resource Management		3
	HDFS 420	Family Research & Methodology		3
	HDFS 450	Family Policy		3
HDFS 456	Abuse and the Family		3	
HDFS 490	Professional Issues: Human Development & Family Studies		3	
HDFS 491	Internship in Human Development & Family Studies		4	
PSYC 361	Abnormal Psychology		3	
<b>Major Studies Subtotal</b>			<b>52-55</b>	
<b>Total Remaining UW-Stout Credits</b>			<b>76</b>	
<b>Special Notes, if any:</b>				

### SECTION D - Summary of Total Program Credits

MSTC Credits		UW-Stout Requirements	
General Education	22		
Major, Concentration Emphasis, Electives or Other	38		
<b>Total College Credits</b>	<b>60</b>	<b>Total College Credits Applied</b>	<b>44</b>
		<b>Total Remaining UW-Stout Credits</b>	<b>76</b>
		<b>Total Program Credits</b>	<b>120</b>
<b>Special Notes, if any:</b>			

### SECTION E – Mid-State Technical College courses transferable, but not applicable to Receiving Institution program requirements AND Mid-State Technical College courses not transferable.

103-106	Microsoft Office – Introduction	3	ICT XXX	ICT Electives	3
104-102	Marketing Principles	3	BUMKG 330	Principles of Marketing	3
509-102	Human Body in Health and Disease	3	BIO XXX	Biology Electives	3
546-103	Principles of Physical Conditioning	3	HWF XXX	Health, Wellness & Fitness Electives	3
546-105	Program Dev, Implementation & Eval	3	HWF XXX	Health, Wellness & Fitness Electives	3
<b>Total Mid-State Technical College's Credits not applicable to UW-Stout requirements</b>		<b>15</b>			