

PROGRAM ARTICULATION TABLE

	College (sending)	University (receiving)
Program name	Health & Wellness Promotion	Health, Wellness & Fitness – Health & Wellness Promotions concentration
Award Type (e.g., AAS)	AAS	BS
Credit Length	60	120
Describe program admission requirements (if any)		Minimum Cumulative 2.0 GPA required

SECTION A - General Education

College (sending)			University (receiving)						
Course Prefix & Number	Course Name	Credits	Course Prefix & Number	Course Name	GE Area Met	RES GLP Area Met	Credits Applied	Equip Sub Way	
General Education									
801-136 801-195	English Composition 1 OR Written Communication	3	ENGL 101	Composition 1	COMSK		3	Equiv	
801-196 801-198	Oral/Interpersonal Communication OR Speech	3	COMST 100	Fundamentals of Speech	COMSK		3	Equiv	
804-177	General Anatomy & Physiology	4	BIO 132	Human Biology	ARNS		4	Equiv	
809-166	Intro to Ethics: Theory & Application	3	PHIL 235	General Ethics	ARHU		3	Equiv	
809-188	Developmental Psychology	3	HDFS 255	Lifespan Human Development	GE Selective		3	Equiv	
809-172 809-196	Intro to Diversity OR Intro to Sociology	3	SOC GAGCS SOC 110	Sociology Elective Introductory Sociology	#	#	3	Equiv	
809-198	Intro to Psychology	3	PSYC 110	General Psychology	SBSC		3	Equiv	
General Education Total			22	Section A Subtotal				22	

Special Notes, if any:

SOC GAGCS meets GE areas of SBSC, CISS OR SRER, RES-A and GLP
SOC 110 meets GE area of SBSC and GLP

SECTION B - Major, Concentration, Emphasis, Electives, or Other

			Major Studies					
544-103	Healthy Aging	3	HWF 275	Lifespan Health, Wellness & Fitness		3	Equiv	
104-102	Marketing Principles	3	BUMKG 330	Principles of Marketing		#3	Sub	
546-106	Health & Wellness Practicum	2	HWF 398	Field Experience in Health Wellness & Fitness		1	Equiv	
Health & Wellness Promotions Concentration								
546-104	Population Health & Wellness	3	BIO 128 BIO XXX	Community Health Biology Elective		2 ~1	Equiv	
546-103 546-107	Prin of Physical Conditioning AND Health Coaching for the Wellness Professional OR	3	HWF 345 HWF XXX	Health and Wellness Coaching AND Health, Wellness & Fitness Electives		*3 *3	Sub	
544-102	Physical Aspects of Aging	3	HWF XXX	Health, Wellness & Fitness Electives		*3		
546-105	Program Development, Implementation & Evaluation	3	HWF XXX	Health, Wellness & Fitness Electives		*3	Sub	
102-101	Intro to Business	3	Not applicable to UW-Stout's program requirements. See Section E for credit awarded (if applicable).					
103-106	Microsoft Office-Introduction	3						
509-102	Human Body in Health & Disease	3						
546-100	Essential Concepts for Health & Wellness	3						
546-101	Nutrition for Healthy Living	3						
546-102	Behavior Change for Wellness	3						
Section B Subtotal						14		
Major, Emphasis, Unrestricted Electives Total			38	Total College Credits Applied (sum of sections A and B)				36

Special Notes, if any:

*Six (6) credits will be applied to electives for the concentration.

~1 credit does not apply to the UW-Stout degree program.

#BUMKG 330 substitutes for BUMKG 308 Marketing for Non-Profit Organizations, originally a 2 credit course.

SECTION C - Remaining University (receiving) Requirements

	General Education	
ENGL 102	Composition 2	3
MATH 118	Concepts of Mathematics	4
	ARNS elective	2
	Arts & Humanities	3
	SBSC or CISS	3
HWF 340	Community CPR, Automatic External Defibrillation & First Aid	3
	General Education Subtotal	18
	Major Studies	
	Human Sciences	
BIO 234	Physiology & Anatomy	4
CHEM 115	General Chemistry	5
FN 207	Medical Terminology	1
HWF 225	Structural Kinesiology	3
HLTH 365	Physiology of Exercise	3
	Health and Wellness	
HWF 100	Intro to Health, Wellness & Fitness Industry	2
HWF 322	Health and Fitness Assessment	3
HWF 348	Stress Assessment & Intervention	3
HLTH 350	Prevention & Care of Athletic Injuries	3
HLTED 360	Personal Health & Fitness	3
HLTED 375	Methods in Health, Wellness & Fitness	3
	Nutrition	
FN 212	Nutrition	3
FN 312	Nutritional Assessment	2
	Psychology/Behavior Management	
PSYC 371 PSYC 377	Intro to Health Psychology OR Consumer Psychology	3
	Business and Management	
BUACT 206	Intro to Financial Accounting	3
BUMGT 304	Principles of Management	3
BULGL 318 HT 460	Business Law OR Hospitality Industry Law & Liability	3
HWF 390	Recreational Facilities Management & Leadership	3
	Preprofessional Experience	
HWF 498	Adv Field Experience in Health, Wellness & Fitness	1
	Health & Wellness Promotions Concentration	
FN 380	Community Nutrition	3
HDFS 345	Health Care Dilemmas & Decisions for Families	3
HLTED 376	Organization & Administration of Health Education	3
REHAB 320	Rehabilitation & Chemical Dependency	3
	Major Studies Subtotal	66
	Total Remaining UW-Stout Credits	84

SECTION D - Summary of Total Program Credits

College (sending) Credits		University (receiving) Requirements	
General Education	22		
Major, Concentration Emphasis, Electives or Other	38		
Total College Credits	60	Total College Credits Applied	36
		Remaining credit to be taken at University (receiving) Intitution	84
		Total Program Credits	120