

Directory of Referral Services for Mental Health

Winter 2018

For areas including: Marshfield, Stevens Point,
Waupaca, Wausau, and Wisconsin Rapids

**Compiled by the Central Wisconsin Counselor
Association (CWCA) Planning Committee**

Updated by St. Michaels Mental Health Unit

ADVOCATE PSYCHOTHERAPY SERVICE www.advocatepsychservices.com

Stevens Point Location:

3233A Business Park Drive Suite 304
Stevens Point, WI 54481

Phone: (715) 544-4435
Fax: (715) 952-4995

Mental Health Specialist: Kathryn Berg, MA kathy@advocatepsychotherapyservices.com

Mental Health Specialist: Katrina Arnold, MSW, APSW

Wisconsin Rapids Location:

241-17th Avenue
Wisconsin Rapids, WI 54494

Phone (800) 681-2374

Mental Health Specialist: Steve Johnson, MA, LPC, NCC steve@advocatepsychservices.com

Mental Health Specialist: Aaron King aaron@advocatepsychotherapyservices.com

ALLIANCE HEALTH CLINIC www.alliancehealthclinic.com

2417 Post Road Building A, Stevens Point, WI, 54481

Phone: (715) 690- 1272

Mental Health Specialist: Jude Stenovitch, MD
Areas of Expertise: Adult psychiatry

Mental Health Specialist: Diane Maciejewski, LMFT
Areas of Expertise: Individual and family therapy.

Mental Health Specialists: Ernestine Wagner, PA-C
Kathryn Goel, PHD
Jessie Jensen, LPC
Megan Bednarczyk, MS, CRC, LPC
Day Frye, LMFT
Victoria Pahl, PA-C
Frieda Gear, PA-C

ASSOCIATED EMPLOYEE ASSISTANCE SERVICES

*Offices are in Plover, Wisconsin Rapids, Marshfield, Wausau, Weston and northern counties.
They do not provide outpatient therapy beyond the scope of EAP.*

Stevens Point Location:

1820 Post Road #5, Plover, WI, 54467

Phone: (715) 344-6379

Mental Health Specialists: Leah Szemborski, LPC
Karen Genisot, LPC
Mary Mattes, LPC-T

Wausau Location:

301 Kent Street, Wausau, WI, 54401

Phone: (800) 540-3758

Mental Health Specialist: Gary Yeast, LMFT
Barb Yeast

Wisconsin Rapids Location:

3930 8th Street South, Suite 101, Wisconsin Rapids, WI, 54494

Phone: (715) 423-2030

Marshfield Location:

2001 s. Central Ave Marshfield, WI 54449

Mental Health Specialists:

Jenna Saul, MD DFAACAP
Lynn Martin, MS, LPC
Mary Kate Friess, NP
Janielle Prince, LCSW
Stacey Kubisiak, LPC-IT
Jo Yenske, LPC, NCC
Tammy Fischer, APSW
Patricia Benoit, LMFT
Genessa Antoniewicz, LPC-IT
Chelsea Scheirhauer, APSW
Jessica Noah, LMFT, IT
Krista Chase, MS ED, MS, LPC-IT
Jolene Nowak, MS LPC
Kristine Koplitz, MAC, LPC
Shelley Strojny, NP

BEHAVIORAL HEALTH CLINIC

www.bhcwausau.com

Wausau Location:

3600 Stewart Ave, Suite B,
Wausau WI 54401

E-Mail: appointments@bhcwausau.com

Phone: (715)842-9500

Fax: (715) 848-0425

Plover Location:

1820 Post Road Suite 1
Plover, WI 54467

Weston Location:

2405 Schofield Avenue Suite 220
Weston, WI 54476

Mental Health Specialist:

Areas of Expertise:

Jeff Willems, Ph. D (Weston)

CBT. Anxiety Disorders, PTSD, OCD and social anxiety..

Mental Health Specialist:

Areas of Expertise:

Rachel Pagel, MS, LPC, CSAC, CS-IT (plover)

experience working with couples and families. Women with borderline personality disorder and adults with emotional dysregulation.

Mental Health Specialist:

Areas of Expertise:

Cali Schneller, MS, LPC, (plover)

Experience working with children, adolescents with emotional and behavioral difficulties.

Mental Health Specialist:

Areas of Expertise:

Rachel Semrow, MSE, LPC, SAS (Weston)

Counsels individual of varying ages and degrees of mental health needs. She has extensive experiences in working with adults and adolescents addressing their personal goals in therapy.

Mental Health Specialist:

Areas of Expertise:

Shannon Huff, E.d.S. (plover)

Experience in conducting psycho-educational evaluations and providing feedback recommendations to families as well as teachers. Only offers testing services.

Mental Health Specialist: Areas of Expertise:	Stacy Luther, M.S. (plover) Focus on Elementary Education. Only offers testing services.
Mental Health Specialist: Areas of Expertise:	Allyson Ende, Psy.D (Wausau) Specializing in children ages 7 and older: depression, Bipolar, anxiety, stress and coping skills.
Mental Health Specialist: Areas of Expertise:	Ashley Bolling, MS, LPC, SAC (Wausau) experience working individually with children, age 5 through adult in an outpatient setting, treating multiple symptoms and concerns.
Mental Health Specialist: Areas of Expertise:	Kathleen Alexander, M.S. (Wausau) Only offers testing services.
Mental Health Specialist: Areas of Expertise:	Kristen Brown, MSW, LCSW (Wausau) Strength based, family centered, and solution focused therapy.
Mental Health Specialist: Areas of Expertise:	Brian Weiland, Psy.D (owner) (plover and Wausau) Personality Disorders, relationship issues, anger, adjustment issues, low self-esteem, PTSD, Christian Counseling, OCD, Panic Disorder and Psychosomatic Complaints.
Mental Health Specialist: Areas of Expertise:	Heather Meggers-Wright, Ph.D (owner) (plover and Wausau) Sex and Intimacy, anxiety and fear, weight and self-esteem. Depression and Bipolar Disorder.
Mental Health Specialist: Areas of Expertise:	Melanie Strand, CSAC (Wausau) Addiction, Impaired Professionals, phobia and anxiety.
Mental Health Specialist: Areas of Expertise:	Judy Lemke, MS, LPC, LCSW (Wausau) Experience in assisting individuals with co-occurring disorders, relationship issues, mood disorders, anxiety, depression, grief and loss, change of life.
Mental Health Specialist: Areas of Expertise:	Laurie Doepke, MS, LPC, NCC (Weston) Centered focus. Cognitive behavioral therapy. Life stressors, anxiety, fear and depression.
Mental Health Specialist: Areas of Expertise:	Shannon Schaefer, PH.D. (Wausau) Depression, Anxiety, Couples and PTSD.
Mental Health Specialist: Areas of Expertise:	Timothy Freundl, MS, LPC (Wausau) OCD, PTSD, Personality Disorders, Psycho Somatic Complaints and Self-Harm.
Mental Health Specialist: Areas of Expertise:	Savannah Whitemarsh, Psy D. (Plover) Psychological evaluations. ADHD.

CATALPA HEALTH

www.catalpahealth.org

815 W. Fulton St., Suite 6
Waupaca, WI 54981

Phone: (920) 882-0225
Fax: (920) 882-0225

Mental Health Specialist:

Areas of Expertise:

Julie Decker, MS, LPC

Mental health therapist who sees children and teens ages 2-18. Passionate about helping children grow past their difficulties and achieve their full potential.

Mental Health Specialist:

Areas of Expertise:

Jane Doolan, MS, LPC

Mental health therapist that works with pre-school children through teenagers. Has a special interest in foster/adaption/displaced children and youth, youth aging out of foster care, trauma survivors, LGBT youth, gender identity, anxiety, depression, mood and adjustment disorders, and grief and loss.

Mental Health Specialist:

Areas of Expertise:

Lois Johnson, MS ATR, LPC

Licensed Professional Counselor and a Registered Art Therapist who works with children, teens, and their families, individually and in groups.

Mental Health Specialist:

Areas of Expertise:

Elissa Stults, MA, LMFT

Licensed Marriage and Family Therapist who works with children 8-18 and their parents and families to help them learn to manage their anxiety, depression, family conflict, parenting concerns, grief, crisis, communication concerns, and stress

CENTER FOR HUMAN DEVELOPMENT www.chdevelopment.org

631 Forest Street, Wausau, WI, 54401

Phone: (800) 236-3792

Mental Health Specialist:

Areas of Expertise:

Lee Webster, MSW

Individuals, marriages, and families.

Mental Health Specialist:

Areas of Expertise:

Barb Webster, MS

EMDR and meditation, individuals, adults, couples, families, teens and young children.

Mental Health Specialist:

Areas of Expertise:

Erin Morgan, LCSW

Depression, anxiety, parenting and communication skills, abuse issues.

Mental Health Specialist:

Areas of Expertise:

Suzanne Grim, LMFT

Women, couples, families, mood disorders, ADD/ADHD, chemical issues, grief, abuse, and eating disorders.

Mental Health Specialist:

Areas of Expertise:

David Tice, LPC

Anger issues, anxiety, depression, conflict management, couples and marital concerns, crisis and intervention, men's issues, suicide and its effects on others.

Mental Health Specialist:

Areas of Expertise:

Corina Helgstad MA, PC

Teenagers with self-esteem issues, cutting, suicide, depression, anxiety.

Mental Health Specialist:

Areas of Expertise:

Tonia Backman BA, MSW, APSW

Depression, anxiety, post-abortion, grief/loss

CENTRAL WISCONSIN COUNSELING ASSOCIATES

www.cwcounselingassoc.com

Stevens Point Location (Satellite Office):

2925 Post Road Suite 5, Stevens Point, WI 54481

Wisconsin Rapids Location (Main Office):

320 West Grand Avenue, Suite 304A, Wisconsin Rapids, WI, 54494 Phone: (715) 424-6960

Mental Health Specialist:

Areas of Expertise:

Roger Pagel, MSE, LCSW

Wide variety of mental health issues.

Mental Health Specialist:

Areas of Expertise:

Ann Soe, MSSW, LCSW

Depression, couples, family systems, women's issues, ADHD, abuse issues, spirituality, health and wellness.

Mental Health Specialist:

Areas of Expertise:

Jean Banks, Ph.D

Children's disorders and couples, depression, anxiety, anger management, sexual abuse recovery for men and women, couples.

Mental Health Specialist:

Areas of Expertise:

Molly McLaughlin, MSW, LMFT

Couples, families and children of all ages, divorce and separation, crisis intervention, mood disorders, anxiety disorders, ADHD, grief and loss, abuse, personal growth/healing.

Mental Health Specialist:

Areas of Expertise:

Jennifer Stoiber, BS

Extensive experience as a mediator, administers psychological testing for the clinic.

Mental Health Specialist:

Areas of Expertise:

Amy Gunderson, BS

Business Manager for Central Wisconsin Counseling Associates.

Mental Health Specialist:

Areas of Expertise:

Erin Johnson, M.A.

Families and children, anxiety, compulsive disorders, stress management, crisis intervention, social skills development

Marshfield Location:

101 W. McMillan Street, Suite 2B,
Marshfield, WI 54449

Phone: (715) 389-9382

Fax: (715) 848-8665

Mental Health Specialists:

Tricia A Cotrone, MA, LPC, NCC
Georgia Wiese, MS, LPC
Julie Nelson, MS, LPC
Carissa Weber, MA, LPC, CSAC
Patrick Rohr, MA, LPC
Russ Schultz, MSW, LCSW, SAS

Wausau Location:

2620 W. Stewart Avenue, Suite 310
Wausau, WI 54401

Phone: (715) 848-0525

Fax: (715)848-8665

Mental Health Specialists:

Rick Jass, MA, LPC
David Sliefert, MA, LPC
Tricia Cotrone, MA, LPC, NCC
Georgia Wiese, MS, LPC
Julie Nelson, MS, LPC
Patrick Rohr, MA, LPC
Carissa Weber, MA, LPC, CSAC
Krystal Holz, MA, LPC
Russ Schultz, MSW, LCSW, SAS
David Pelo, PH.D.

CHILD AND ADOLESCENT PSYCHIATRY CONSULTING (CAPC)

drjenna.net

Marshfield Location:

2001 S. Central Ave.
Marshfield, WI 54449

E-Mail: marshfieldoffice@drjenna.net

Phone: 715-384-2818

Fax: (715) 384-2724

Horses Treat, LLC

2001 S. Central Ave.
Marshfield, WI 54449

Email: courage.horsetreat@drjenna.com

Phone: (715) 384-2818

www.horsetreat.com

Mental Health Specialists:

Jenna Saul, MD
Jolene Nowak, MS, LPC
Genessa Antoniewicz, LPC-IT
Chelsea Scheithauer, APSW
Jessica Noah, LMFT-IT
Kris Koplitz, LPC-IT
Tammy Fischer, APSW
Krista Chase, M.S.ED, MS, LPC-IT

Wisconsin Rapids Location:

3930 8th Street South, Suite 101
Wisconsin Rapids, WI 54494

E-Mail: rapidsoffice@drjenna.net

Phone: (715) 423-2032

Fax: (715) 423-2032

Mental Health Specialist:

Shelly Strojny, NP
Mary Kate Friess, NP
Stacey Kubisiak, LPC-IT
Lynn Martin, MS, LPC
Jo Yeske-Bishop, LPC, NCC
Janelle Prince, LCSW

**CHILDREN’S HOSPITAL OF WISCONSIN COMMUNITY SERVICES:
CHILD AND FAMILY COUNSELING- www.chw.org**

Marshfield Location:

601 S Central Avenue, Suite 200, Marshfield, WI 54449

Fees: Sliding scale, Insurance, MA (United Way Agency)

Phone: (715) 387-2729

Fax: 888- 485-4412

Mental Health Specialist:

Areas of Expertise:

Jeff Ongna, MS, LPC

Specializes in treating children and families, recovery from trauma such as physical or sexual abuse, anxiety, depression, victimization, adjustments to a variety of life circumstances and healthy relationships such as anger management alternatives to domestic abuse. He helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or are disruptive in the community.

Mental Health Specialist:

Lisa Miller, MS, LPC

Specializes in treating children and families, recovery from trauma such as physical or sexual abuse and witness to domestic violence, anxiety, depression, victimization and adjustments to a variety of life circumstances. She has diverse experience in working with individuals, couples, families and groups.

Stevens Point Location:

1466 Water Street Suite 2

Stevens Point, WI 54481

Phone: (715)341-6672

Fax: (715)341-8004

Mental Health Specialist:

Areas of Expertise:

Monica Hellweg, MAC, LPC, NCC

Works with children ages 3-18 in areas of social, academic, behavioral, emotional, and attention issues. Uses strength-based and positive psychology techniques.

Mental Health Specialist:

Areas of Expertise:

Stacey Salyers MSW, LCSW

Works with children, adolescents, and adults. Has a background of working with children in the welfare system, juvenile sex offenders, and LGBT. She also has experience with depression, anxiety, and PTSD. Helps patients in developing healthy relationships and coping skills to allow for emotional balance.

Mental Health Specialist:

Areas of Expertise:

Nicholas Schneider, MSE, LPC

Specializes in family therapy.

Wausau Location:

705 S 24th Ave, Suite 400, Wausau, WI 54401

Phone: (715)848-1457

Fees: Sliding scale, Insurance, MA (United Way Agency)

Mental Health Specialist:

Areas of Expertise:

Susan O’Day, MS, LPC

Specializes in treating anxiety, reactions to trauma, depression, victimization, anger, domestic abuse and adjustments to a variety of life circumstances. She helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or the community.

Mental Health Specialist:

Areas of Expertise:

Lisa Harrenstein, LPC

Helps children, adolescents and adults and families heal their wounds and transform their lives for the better. She has experience working with survivors of abuse and trauma.

Mental Health Specialist:

Areas of Expertise:

Stephanie Hamann, MA, LPC

Looks for the strengths in each child and parent in the process of working through challenges. By using a variety of therapeutic approaches and techniques including play therapy, client-centered therapy, cognitive behavioral therapy and other creative interventions, I help parents to develop an understanding of the difficulties and the needs of their children in those particular times with the goal that each client can learn, grow and heal into the person they were made to be.

CLINICAL AND FORENSIC SERVICES www.clinicalservices.com

PO Box 1535
420 1st Avenue South
Wisconsin Rapids, WI. 54495

Email: clinicalservices@solarus.net
Phone: (715) 424-3400
Fax: (715) 424-3441

Mental Health Specialist:

Areas of Expertise:

Michael Jan Nelson, PhD, FACFP

Forensic psychologist. Performs evaluations for attorneys and the court in criminal and civil matters. Other interests include treatment of depression and marital conflict, assessment of ADD/ADHD, personality learning, cognition and other psychological concerns.

Mental Health Specialist:

Areas of Expertise:

Michael Surendonk, MSSW, ICSW

Couples, families, and individuals. Stress and anger management, alcohol abuse within the family, emotional and behavioral problems of children, parent/child conflict.

Mental Health Specialist:

Areas of Expertise:

Dan Horgan, MSW, ICSW

Children and adolescents with behavioral and emotional problems, adults and children diagnosed with ADD. Military veterans with issues of family conflict, trauma, and posttraumatic stress

Wausau Location:

530 Grant Street,
Wausau, WI, 54403

Phone: (715) 845-5493

Fax: (715) 848-5645

Mental Health Specialist:

Areas of Expertise:

Lynne Buechler, MS, LPC, LCSW, ICS, CSAC

AODA Assessments and Treatment OWI Follow-up, Depression, Anxiety, Gambling.

Mental Health Specialist:

Areas of Expertise:

Amanda Neta, LCSW

Child and Adolescent Behavioral Challenges, Depression and Mood Disorders, Adjustment and Anxiety, Trauma and Abuse and Self-Esttem.

Mental Health Specialist:

Areas of Expertise:

Andy Cameron, PhD, LPC

Behavioral Addictions (Gambling, Shopping, Internet Use), Depression and Mood Disorders, Anxiety and Phobias, Post-traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD) and OCD Spectrum Behaviors, Codependency, LGBT Issues, Alcohol and Drug Abuse Assessments and Treatment, Couples

Mental Health Specialist:

Areas of Expertise:

Amber Myska, LCSW

Child and Adult Mental Health, Child Abuse and Neglect, Intrafamilial Sexual Abuse, Poverty, Domestic Violence, Juvenile Corrections, Children Long Term Disabilities, and Rehabilitative Services. She works with children, adolescents, adult, and families.

Mental Health Specialist:

Areas of Expertise:

Whitney Crochiere , MA

Whitney holds a Master's degree in Mental Health Community Counseling and a Bachelor's degree in Psychology. She works primarily with adolescents, adults, couples, and families. She has had experience working at a community clinic, corrections-based setting, and substance abuse clinic.

Mental Health Specialist:

Areas of Expertise:

Mark Becker, LCSW

Trauma/PTSD, Relationship Issues, Anxiety, Depression, Alcohol and Drug Abuse Issues, Behavioral Addictions, Anger, Self-Empowerment

Mental Health Specialist:

Areas of Expertise:

Liz Unrath, LPC, PhD

Anxiety, Depression, PTSD, OCD, anger management, Greif Loss Reaction.

Wisconsin Rapids Location:

420 3rd St. S
Wisconsin Rapids, WI. 54494

Phone: 715-712-1523

Mental Health Specialist:

Areas of Expertise:

Julie Edmondson

Areas of specialization: dual disorders, anxiety, depression, AODA assessments and treatment as well as court ordered evaluations, driver safety plans, co dependency, chronic pain, grief and loss issues and trauma.

Mental Health Specialist:

Areas of Expertise:

Robin Swanson, MA, LPC-IT

Anxiety, Depression, Life Transitions, Parenting, Peer Relationships, Stress management, relationship issues, Self-image and Esteem

Mental Health Specialist:

Areas of Expertise:

Elizabeth Kuhn, MSW, LCSW, BST

Anxiety, Depression, ADHD, Anger Management, Trauma, PTSD, Divorce, Blended families, Abuse/Neglect, Christian Counseling, Hoarding, Relationship Difficulties, Behavioral Issues in Children and Adolescents

Mental Health Specialist:

Areas of Expertise:

Lori A. Kroening, APSW, CSAC

Dual Diagnosis Disorders, Court Ordered Treatment, Substance Abuse Recovery & Maintenance, Anxiety & Depression, Obsessions & Compulsions, Adjustment Disorders, Co-Dependence, Stages of Change Approach, Individual, Group, and Family Therapy

Mental Health Specialist:

Areas of Expertise:

Samantha Casey LSW, LPC- IT

Individual and Group counseling for children and teens.

Mental Health Specialist:

Areas of Expertise:

Rick Vela, MSW/LCSW

Emotional regulation (anger, anxiety), depression, self-esteem building, sexual abuse, Domestic Violence/Intimate Partner Violence prevention, PTSD, grief and loss, guilt/shame and shame-based problems, assertiveness building, marital issues and relationship building skills.

Mental Health Specialist:

Areas of Expertise:

Jill Scheidegger, MS, LPC

Depression, anxiety, anger management, self-esteem, family stress, trauma, adjustment

DIX AND GILLETTE COUNSELING SERVICES

1720 Merrill Avenue #401
Wausau, WI 54401

Phone: (715) 675-3888

Mental Health Specialist:

Michael P. Dix, MSMFT, CSAC

Mental Health Specialist:

Patti Gillette, MA

ELMARGREEN ASSOCIATES, INC.

www.elmergreen.com

114 Grand Avenue, Wausau, WI 54403

Phone: (715) 845-7175

Mental Health Specialist:

Dennis Elmergreen, PsyD
Kandace Elmergreen, MS, LCSW
Doug Cybela, PhD
Kathleen George-Bol, LPC, MS
Sue Ellyn Wisnewski, MSSW, APSW
Tim Koller, LPC, MS, NCC, CFC
Robert Fox, MS, CADC
Courtney Derus, MA
Julie M. Gruenwald, M.S., LPC
Jeffrey Rothweiler, PhD
David Derus, MA
Donna Jasinski, LPC

EVANS COUNSELING

2714 Stewart Avenue, Wausau, WI 54401

Phone: (715) 849-3988

Mental Health Specialist:

Dr. Kelly Evans

HERGERT AND GAZIANO FAMILY COUNSELING

252 South Central Ave Suite 21, Marshfield, WI 54449

Phone: (715) 384-7579

Mental Health Specialist:

Dan Frye, LMFT

Areas of Expertise:

Depression, anxiety, relational issues, parenting.

Mental Health Specialist:

Jerry Olson, CSAC

Areas of Expertise:

Alcohol and drug abuse counseling.

birdog52@charter.net

Mental Health Specialist:

Lisa Hergert, LPC

MARATHON RESIDENTIAL & COUNSELING SERVICES

www.mrcs.us

1611 North Seventh Street, Wausau, WI 54403

Phone: (715) 842-3240

Fax: (715) 842-3640

Mental Health Specialist:

Justin Stangl

MARRIAGE AND FAMILY HEALTH SERVICES LTD

www.marriageandfamilyhealthservices.com

501 S. Cherry Avenue
Marshfield, WI 54449

Phone: (715) 486-8032

Fax: (715) 486-9253

Mental Health Specialist:

Tiffany Kula, MS

Areas of Expertise:

Individual, couples, and family therapy for children, adolescents, and their families specializing in behavior management, trauma, and abuse.

Mental Health Specialist:

Chris Giese, MS, LPC

Areas of Expertise:

Individual, couples, and families of all groups. Specializes in attachment issues working with women in transition and victims of abuse.

Mental Health Specialist:

Tammy Stargardt, PhD, LPC

Areas of Expertise:

Individual, couples, and family therapy for children, adolescents/teens and adults. She specializes in depression, anxiety, trauma, attachment issues, and childhood disorders. Tammy is experienced with children and adolescents with behavioral issues or those who have experienced trauma and/or abuse.

Mikan Program:
(12-18 year-olds)

Program Coordinators: Victor Michalek, BA; Katie Karl, BA

The Mikan Therapeutic Day Treatment is a state certified intensive program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group, and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Mikan provides client specific services addressing affect regulation, conscience development, relationship skills, solution finding, family dynamics, trauma/neglect survival skills, trauma reprocessing decision-making, social skills development, and alcohol and drug needs.

Migisi Program:
(5-11 year olds)

The Migisi Therapeutic Day Treatment is a state certified program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group and family psychotherapy services provided by licensed/certified doctoral and master's prepared mental health professionals. Migisi provides client specific services addressing emotional regulation, social skills, problem solving, family dynamics, healing from trauma/neglect, relationship depth skills and accountability.

MARSHFIELD CLINIC

Marshfield, WI, 54449

Phone: (715) 387-5744

Mental Health Specialist:

Anthony Louis, LCSW
Celeste Jackson, NP
Daniel Buss, LCSW
Mike Fields, NP
Celistino Balinghasay, MD
Mary Hennessy, MD
Erica Larson, DO
Narendran Neelakantachar, MD
Ajay Parsaik, MD
Justin Shane, MD
Alpa Shah, MD
John Waters, MD
Stacy Braun, PHD
Josep Chojnacki, PHD
Patricia Ellis, PHD
Rebecca Janssen, CPC
Julie Kaprelian, PHD
Stephanie Kohlbeck, PHD
Timothy Lichtenwald, PSYD
Jennifer Michels, PHD
Lisa Miller, MS
Michael Miller, PHD
Michael Schulein, PHD
Myra West, PSYD
Rachel Young, PSYD

MINISTRY BEHAVIORAL HEALTH

Stevens Point Location:

209 Prentice Street N, Stevens Point, WI, 54481

Phone: (715) 344-4611

Mental Health Specialist:

Areas of Expertise:

Julie Hintzman, MSW, APSW, SAC, NCGC II
Works with people with mental health issues, along with chemical and gambling addiction. She specializes in the area of domestic violence, working with survivors and offenders. She also offers Christian counseling.

Mental Health Specialist:

Areas of Expertise:

Dr. Ron Matthews, Ph.D

Can help people with mental health and substance abuse issues. provides marriage and family counseling. Has specialized training in assessing and treating people who have survived trauma. He has extensive training in conducting forensic evaluations for the justice system.

Mental Health Specialist:

Areas of Expertise:

Sarah Foss, MS, LPC, CSAC

Helps patients struggling with alcohol and drug abuse, depression, and anxiety issues. She works with individual, couples and families to address relational concerns.

Mental Health Specialist:

Tracy Springer, MS, LPC-IT, CSAC

She has a special interest in treating mental health and Substance abuse disorders.

Waupaca Location:

190 Grand Seasons Drive, Waupaca, WI 54981

Phone: (715) 258-8459

Mental Health Specialist:

Area of Expertise:

Teresa Taylor, MSE, LPC, CSAC, ICS

Specializes in helping people improve their communication skills by using direct honesty. She can help people develop effective coping skills.

MINISTRY MEDICAL GROUP (MMG) PSYCHIATRY

3398 E. Maria Drive, Stevens Point, WI, 54481

Phone: (715) 341-7441

Mental Health Specialist:

Areas of Expertise:

Ed Buda, Ph.D

Outpatient, individual, group, and family psychotherapy, behavior modification, children, adolescents and their families, psychological/intellectual/neurodevelopmental assessments, testing of patients ages 5+, neuro-feedback for ADHD and anxiety disorders

Mental Health Specialist:

Areas of Expertise:

Jay Cleve, Ph.D

Adults, marital and couple, individual and group therapy, depression, personal and job stress, anxiety, grief and loss, codependency, and adult/children from dysfunctional and alcoholic families.

Mental Health Specialist:

Areas of Expertise:

Pam Beyer, PsyD

Children and adolescent issues, individual, group and family psychotherapy, psychological and intellectual assessments, testing of patients ages 5+.

Mental Health Specialist:

Areas of Expertise:

Deb Spranger, MS

Solution-focused approach, mood/behavioral disorders, attention deficits, abuse issues, grief/loss, relationship issues, children of all age, adolescents.

Mental Health Specialist:

Areas of Expertise:

Terry Kaddatz, PsyD

Adolescents, adults, and families, individual, couple, family and group therapy, intellectual and psychological assessments, testing for patients from adolescents through adulthood, bariatric patients.

Mental Health Specialist:

Areas of Expertise:

Victoria Weller, MS

Children and adolescents, parent training and stress reduction groups, interpersonal relationship difficulties, depression, sexual abuse issues, trauma and anxiety disorders, emphasis on cognitive-behavioral interventions.

Mental Health Specialist:

Areas of Expertise:

Jacqueline Bienek, Ph.D

Adults with emphasis on cognitive-behavioral and insight oriented modalities, psychotic disorders, mood disorders, substance abuse disorders, personality disorders.

Mental Health Specialist:

Areas of Expertise:

Cheryl Homes, DCSW

Individuals, couples, families and groups, phobias, anxieties, eating disorders, incest survivors, sexual dysfunction, stress management, depression, dysfunctional families, groups parenting skills, phobias, self-image for women, incest and sexual abuse, eating disorders and communication skills for couples, eclectic approach, variety of techniques, process therapy and education.

Mental Health Specialist:

Areas of Expertise:

Lisa Huber, PsyD

Psychological testing, individual psychotherapy for adolescents and adults, couples and family psychotherapy, mood and anxiety disorders, OCD, panic disorders, emphasis on cognitive-behavioral therapy, sexual trauma/abuse, interpersonal difficulties and transitional issues of both adolescence and adulthood.

Mental Health Specialist:

Areas of Expertise:

Julie Schneider, MS, LPC

Specializes in therapy with children and adolescents. She provides therapy for behavioral problems, anxiety, depression, oppositional defiant disorder, interpersonal relationship struggles and transitional concerns.

Mental Health Specialist:

Areas of Expertise:

Jeffrey Willems, Ph. D

Provides individual psychotherapy to adults presenting with a variety of mental health concerns. He specializes in the treating anxiety disorders, with and emphasis in cognitive-behavioral therapy. He has experience in empirically-based interventions for the treatment of PTSD.

NEW DIRECTIONS COUNSELING CENTER

www.newdirectionscc.com

Email: staff@newdirectionscc.com

5541 Highway 10 East Suite B,
Stevens Point, WI 54482

Phone: (715) 345-9690
Fax: (715) 345- 2938

Mental Health Specialist:

Areas of Expertise:

Diane Dickinson, MA, LCSW, LPC

In addition to traditional psychotherapy techniques, Diane offers progressive techniques such as EMDR (for trauma recovery), bioresonance (an advanced form of biofeedback) past life regression therapy, and several other energy techniques that incorporate healing for the body and spirit as well as the mind and emotions.

Mental Health Specialist:

Areas of Expertise:

Tim Koller, LPC, MS, NCC, CFC

Parenting, blended families, ADHD, anger/temper management, school problems, depression and anxiety and marital problems are just a few of the many areas of his practice. Professionals who may be suffering from stress problems are welcomed. Tim has an extensive background working with adolescent and adult sex offenders and as a Certified Forensic Counselor he is well versed in these evaluations and assessments.

Mental Health Specialist:

Areas of Expertise:

Peggy Greco, MS, MSE, LPC, NCC, Certified Dementia Specialist

Children, adolescents, adults, couples, elderly and caregivers. Memory testing, cognitive/behavioral therapy, and brief solution focused therapy. Adjustment and mood disorders, social and school performance difficulties, self-esteem, and caregiver guidance/support.

Mental Health Specialist:

Areas of Expertise:

Kiersten Carley, MA, LPC

School aged children and teens, foster families

Mental Health Specialist:

Areas of Expertise:

Kelsey Link, MA, LMFT

Couples, families

Waupaca Location:

N2919 County Road QQ
Waupaca, WI 54981

Phone: (715)345-9690
Fax: (715)345-2938

NORTH CENTRAL HEALTH CARE

www.norcen.org

1100 Lake View Drive, Wausau, WI, 54403

Phone: (715) 848-4600

Areas of Expertise:

Family counseling, child & adolescent mental health services, crisis counseling, AODA services.

Stevens Point Location:

525 4th Avenue,
Stevens Point, WI 54481

Email: nwjstevenspoint@nwcgc.com
Phone: (715) 342-8065
Fax: (715) 342-8073

Program Coordinator:
Mental Health Specialist:
Areas of Expertise:

Laura Kowalski
Kristi Nelson, Clinical Mental Health Coordinator
Day treatment for school age children.

Wausau Location:

5655 N. 28th Avenue
Wausau, WI 54401

Email: NWJWausau@nwcgc.com
Phone: (715) 675-5454
Fax: (715) 675-0545

Program Coordinator:
Mental Health Specialists:
Areas of Expertise:

Amy Marthaler
Mindy Schuette & Jovid Schuette
At risk youth

Wisconsin Rapids Location:

110 24th S. Street,
Wisconsin Rapids, WI 54495

Email: NWJWiRapids@nwcgc.com
Phone: (715) 424-5040
Fax: (715) 424-5720

Program Coordinator:
Mental Health Specialists:
Areas of Expertise:

Laura Dockett
Katie Wilson
At-Risk Youth

OSWALD COUNSELING ASSOCIATES

2450 Vineyard Drive, Plover, WI, 54467

Phone: (715) 342-0290

Mental Health Specialist:
Areas of Expertise:

Lynne Oswald, MS, LCSW, LPC, CSAC
Works with all ages over 5 years old, clinical substance abuse, recovery and anxiety, play therapy, depression, anxiety and relationship therapy.

Mental Health Specialist:
Areas of Expertise:

Christina Schreiner, MA, LPC, CSAC
Full spectrum of mental health and substance abuse, children 13 years & older, depression, anxiety & relationship therapy for couples & families.

Mental Health Specialist:
Areas of Expertise:

Daniel, Derezinski, MS, LPC, CSAC
Works with full spectrum of mental health disorders and all forms of substance abuse, has extensive experience also working with individuals with developmental disabilities, department of correction referrals, OWI referrals, and individuals from various racial, ethnic, and religious backgrounds.

Mental Health Specialist:
Areas of Expertise:

Deborah Furgason, MA, LPC
Full spectrum mental health and substance abuse, developmental department of corrections referrals, and individuals from various racial, ethnic and religious backgrounds.

Mental Health Specialist:
Areas of Expertise:

Linda Kedrowski, MS, NCC
Works with all ages. Life balance.

PEACEFUL SOLUTIONS COUNSELING

www.peacefulsolutions.org

741 North 1st Street, Wausau, WI 54403

Phone: (715) 675-3458

Mental Health Specialist:

Areas of Expertise:

Jacklynn Brock, M.S., L.M.F.T.

Marriage and family therapist.

Mental Health Specialist:

Areas of Expertise:

Lizzie Kriewald, MS, LPC, SAC

Alcohol/drug abuse, families struggling with addiction related issues, women's emotional health.

Mental Health Specialist:

Areas of Expertise:

Erinn Nelson, MS, LPC

anxiety, depression, relationship issues, parenting concerns, abuse and other trauma.

Mental Health Specialist:

Areas of Expertise:

Curtis Mallow, SAC

People transitioning out of corrections.

Mental Health Specialist:

Area of Expertise:

Jolene Nowak, MS, LPC

Individual, Couples and family therapy to address issues including: childhood sexual abuse, anxiety, depression, ADHD, physical abuse, PTSD, child behavioral problems, parenting issues, grief, divorce and other mental health concerns.

Mental Health Specialist:

Area of Expertise:

Deb Piskoty MA, L.M.F.T, C.S.A.C, I.C.S

13 years experience treating substance abuse issues and trauma. Also has experience working with adolescents.

Mental Health Specialist:

Area of Expertise:

Marjorie Debevec-Marksteiner, MS, LPC

Eating disorders, age 9 and older, ADHD, grief loss and trauma.

Mental Health Specialist:

Steven Korzinek

Mental Health Specialist:

Areas of Expertise:

Shannon Cole—Cameron, MSW, LCSW

Specialty in substance abuse.

Mental Health Specialist:

Areas of Expertise

Melanie Strand, MS, CSAC

Adjustment disorder, PTSD, Depression, Anxiety

Mental Health Specialist:

Areas of Expertise

Tracey Gusman, MA, LPC-IT, SAC-IT

specialty in substance abuse

PROFESSIONAL SERVICES GROUP: (must be referred to by Social Services)

817 Whiting Avenue, Stevens Point, WI 54481

Areas of Expertise:

At-risk youth.

Phone: (715) 345-5350

**PORTAGE COUNTY HEALTH AND HUMAN SERVICES
PSYCHOLOGICAL SERVICES**

<http://www.co.portage.wi.us/department/health-and-human-services>

RUTH GILFREY CENTER

817 Whiting Avenue, Stevens Point, WI, 54481

Phone: (715) 345-5350

Mental Health Specialist:

Areas of Expertise:

Maureen Leahy, MD

Adult psychiatry

Mental Health Specialist:

Dr. Opaneye

Aimee Lehouillier, MSW, LCSW

Lisa Ruplinger, MSW, APSW

Raintree Wellness Counseling

N3983 Nichols Creek Rd. Waupaca, WI 54981

Phone: (715) 412-0178

Raintree Wellness Counseling offers individualized outpatient substance abuse/addiction treatment to families and business professionals. We focus on the emotional, physical and spiritual needs of each individual incorporating individualized relapse prevention planning. The combination of these tools delivers a powerful preventive mechanism for the perils of recidivism and relapse

RIVERWOOD COUNSELING ASSOCIATES

www.riverwoodcounseling.org

Email: riverwood_counseling@hotmail.com

1052 Main Street Suite 202, Stevens Point, WI, 544841

Phone: (715) 343-5256

Mental Health Specialist:

Areas of Expertise:

Robert Miller, MA, LPC, SAC, Director

unresolved trauma and substance abuse with at-risk adolescents, adults, couples and families

Mental Health Specialist:

Areas of Expertise:

Jeana Magyar-Moe, Ph.D

Works primarily with adults who desire assistance with depression, anxiety, grieving and stress-management.

Mental Health Specialist:

Areas of Expertise:

Harry Deets, MSW, LCSW

Marriage and family therapy, grief depression, men's issues, parent-teen conflict, blended family, and faith issues. Depression, anxiety, grieving, stress-management, relationship issues, adjustment to life changes or transitions, self-esteem issues, career counseling, sport psychology, psychological testing and assessment, and behavior modification.

Mental Health Specialist:

Areas of Expertise:

Cathryn Laszinski, LCSW, MSSW, CSAC

Couple and relationship issues, depression, anxiety, life transition, grief, anger management, conflict resolution, substance abuse, and many other mental health issues.

Mental Health Specialist:

Areas of Expertise:

Dennis Elsenrath, Psychologist

Anxiety, Panic Disorders, behavioral modification, couples and family Therapy, depressive disorders, grief/loss and stress management.

STEPPING STONES COUNSELING CENTER, LLC

www.StepingStonesCounselingCenter.org

219 Ross Avenue Suite 101,
Schofield, WI 54476

Phone: (715) 355-4999

Fax: (888) 214-5870

Email: DianeLLondon@aol.com

Mental Health Specialist:

Areas of Expertise:

Diane L. London, MSMFT, LPC

Works with children, adolescents and adults, including individuals, couples and families, enjoys working with a variety of issues including blended family issues, divorce adjustment, co-parenting issues, specialized training in EMDR (Eye Movement Desensitization and Reprocessing), MFLC 9 Military Family Life Consultant), sex therapy, AODA issues.

ST. MICHAEL'S HOSPITAL IN-PATIENT TREATMENT

900 Illinois Avenue,
Stevens Point, WI 54481

Phone: (715) 346-5645

Email: Laurie.Roberts@ministryhealth.org

Mental Health Specialist:

Laurie Roberts, Mental Health Director

ST. VINCENT DE PAUL: OUTREACH CENTER

149 N. Central, Marshfield, WI 54449

Phone: (715) 387-0395

Director of Outreach Services: Deb Steltenpohl

Mental Health Specialist:

Richard W. Pike, MSW (Tuesdays only)

THEDACARE BEHAVIORAL HEALTH

902 Riverside Drive, Waupaca, WI, 54981

Phone: (715) 720-2300

Mental Health Specialists:

**Melissa Habech
Inez Trantow
Michelle Hastings
Laura Adams-Burkley**

THE CENTRE FOR WELL BEING INC. www.centreforwellbeing.net

901 N 6th Street Wausau, WI 54403
607 Cedar Street Merrill, WI 54452
1415 Eagle Street Rhinelander, WI 54501

Phone: (715) 848-5022

Mental Health Specialists:

Noreen Salzman, MSW, LCSW
Juelette Higuera, MSW, LCSW
Amy Abel, MSW, APSW
Evelyn Lee, MS, LPC, SAC
Sandra Fuller-Burton, MS, LPC
Rachael Splinter, MA, LPC
Denise Sauter, MA, LPC-IT
William Schmelzer, PhD
Kevin Stamper, MS, LPC
Nanette Matthews, PhD
Julie Behnke, BS, CSAC
Steve Kuhn, MS, LPC
Amy Ostrem, MS, LPC
Michelle Gleason, MSW, LCSW
Greg Kresse, MSW, LCSW, SAC
Teresa Kuczarski, MS, LPC
Melissa Skrzypchak, MSSW, LCSW, SASA
Miranda Babl, MS, LPC-IT
Amie Leonoff MSMFT, LMFT
Charity Nikolay, MS, LPC

WISE MIND MENTAL HEALTH CLINIC LLC

www.wisemindclinic.com

601 E. 3rd Street, Marshfield, WI, 54449

Phone: 715-384-0080

Mental Health Specialist

Areas of Expertise:

Patricia K. Faber, MSW, LCSW

Anxiety, Depression, Trauma, Grief, Adjustment, Relationship Issues, Marriage Counseling/Couples Therapy Mood and Anxiety Problems – Pregnancy and Postpartum , Mood and Anxiety disorders, Emotion Dysregulation.

Mental Health Specialist:

Areas of Expertise:

Tracy L. Olson, MSW, LCSW

Knowledge of dialectical behavioral therapy. Has expertise with children ages five and up, teens, adults, couples, families, and groups

KATHERINE HAMILTON WRIGHT, PhD

www.kwrightphd.com

3600 Stewart Avenue, Suite B, Wausau, WI 54401

Phone: (715) 845-6949

CONNIE O'HERON, PhD

2620 Stewart Avenue, Suite 318, Wausau, WI 54401

Phone: (715) 843-0803

Mental Health Specialist:

Connie O'Heron, PhD, Clinical and Consulting Psychologist

SHANNON SCHAEFER, PhD

www.drshannon.net

2620 Stewart Avenue, Suite 318, Wausau, WI 54401

Phone: (715) 842-9500