

PROGRAM ARTICULATION TABLE

	Mid-State Technical College	University of Wisconsin-Stout
Program name	Health & Wellness Promotion	Human Development & Family Studies
Award Type (e.g., AAS)	AAS	BS
Credit Length	61	120
Describe program admission requirements (if any)		Minimum Cumulative 2.5 GPA required

SECTION A - General Education

Mid-State Technical College			University of Wisconsin-Stout						
Course Prefix & Number	Course Name	Credits	Course Prefix & Number	Course Name	GE Area	RES/GLP Area Met	Credits Applied	Equip Sub Wav	
General Education									
801-136	English Composition 1	3	*ENGL 101	Composition I	COMSK		3	Equip	
801-196 801-198	Oral/Interpersonal Communication OR Speech	3	COMST 100	Fundamentals of Speech	COMSK		3	Equip	
806-177 806-189	General Anatomy & Physiology OR Basic Anatomy	4	BIO 132	Human Biology	ARNS		4	Equip	
809-166 809-172	Intro to Ethics: Theory & Application Intro to Diversity Studies	3	PHIL 235 <i>HDFS335</i>	General Ethics <i>Critical Cultural Competence</i>	ARHU <i>Sec B</i>	<i>RES</i>	^3	Equip	
809-196	Intro to Sociology	3	SOC 110	Introductory Sociology	SBSC	GLP	3	Equip	
809-198	Intro to Psychology	3	PSYC 110	General Psychology	SBSC		3	Equip	
General Education Total		19	Section A Subtotal				16		

Special Notes, if any:

BOLD classes are recommended option.

" Class is counted in Section B under major studies.

*Grade of C- or higher required to move on to ENGL 102.

SECTION B - Major, Concentration, Emphasis, Electives, or Other

Major, Concentration, Emphasis, Electives or Other Courses

				Major Studies				
809-172	Intro to Diversity Studies	^	HDFS 335	Critical Cultural Competence		3	Equip	
544-103	Healthy Aging	3	HDFS 340	Human Development: Middle to Late Adulthood		3	Equip	
Free Electives (14 credits)								
546-106	Health & Wellness Practicum	2	HWFXXX	Health, Wellness & Fitness Electives		2	Sub	
102-101	Intro to Business	3	BUMGTXXX	Business Electives		3	Sub	
546-104	Population Health & Wellness	3	HWFXXX	Health, Wellness & Fitness Electives		3	Sub	
546-107	Health Coaching for the Wellness Prof	3	HDFS XXX	Family Life Electives		3	Sub	
546-110	Mental Wellness & Stress Management	3	HDFS XXX	Family Life Electives		3	Sub	
Concentration (15 Credits)								
546-100	Essential Concepts for Health & Wellness	3	HWFXXX	Health, Wellness & Fitness Electives		3	Sub	
546-101	Nutrition for Health Living	3	FN 102	Nutrition for Healthy Living		3	Sub	
546-108	Group Fitness Instruction	3	HWFXXX	Health, Wellness & Fitness Electives		3	Sub	
546-109	Youth Wellness	3	HDFS XXX	Family Life Electives		3	Sub	
546-102	Behavior Change for Wellness	3	HWFXXX	Health, Wellness & Fitness Electives		3	Sub	
546-113	Health Navigator	3	Not applicable to UW-Stout's program requirements. See Section E for credit awarded (if applicable).					
546-111	Wellness Marketing & Entrepreneurship	3						
546-103	Principles of Physical Conditioning	3						
103-123	Excel-Beginning	1						
Section B Subtotal							35	
Major, Emphasis, Unrestricted Electives Total		42	Total College Credits Applied (sum of sections A and B)				51	

Special Notes, if any:

"Counts towards Section A in Mid-State curriculum.

SECTION C - Remaining University of Wisconsin-Stout Requirements

		General Education	
	ENGL 102	Composition 2	3
		Analytic Reasoning	6
		Arts and Humanities	6
		Social and Behavioral Sciences	3
		Social Responsibility and Ethical Reasoning	3
		General Education Selectives	6
		General Education Subtotal Remaining	27
		Major Studies	
	HDFS 101	Introduction to HDFS	1
	HDFS 115	Healthy Couple Relationships	3
	HDFS 124	Human Development: Early Childhood	3
	HDFS 215	Intro to Families	3
	HDFS 225	Skill Training for Individual/Family Intervention	3
	HDFS 257	Lifespan Sexuality	3
	HDFS 330	Human Development: Adolescent/ Emerging Adulthood	3
	FCSE 451	Family Life Education Programs	2
	HDFS 313	Parent Education/Involvement	2
	HDFS 365	Family Resource Management	3
	PSYC 190	Psychological Research Methods	3
	HDFS 450	Family Policy	3
	HDFS 456	Abuse and the Family	3
	HDFS 490	Professional Issues: Human Development & Family Studies	3
	HDFS 491	Internship in Human Development & Family Studies	5
		Major Studies Subtotal	44
		Total Remaining UW-Stout Credits	tv69
Special Notes, if any:			

SECTION D - Summary of Total Program Credits

MSTC Credits		UW-Stout Requirements	
General Education	19		
Major, Concentration Emphasis, Electives or Other	42		
Total Collene Credits	61	Total Collene Credits Applied	51
		Total Remaining UW-Stout Credits	N69
		Total Program Credits	~120

Special Notes, if any:

Unused credits from Mid-State Technical College will help achieve 120 credit graduation requirement.

SECTION E - Mid-State Technical College courses transferable, but not applicable to Receiving Institution program requirements AND Mid-State Technical College courses not transferable.

103-123	Excel-Beginning	1	ICT XXX	ICT Electives	1
546-111	Wellness Mktg and Entrepreneurship	3	BUMKG XXX	Business Marketing Electives	3
546-113	Health Navigator	3	HWFXXX	Health, Wellness & Fitness Electives	3
546-103	Principles of Physical Conditioning	3	HWFXXX	Health Wellness & Fitness Electives	3
Total Mid-State Technical College's Credits not applicable to UW-Stout requirements		10			

