Directory of Referral Services for Mental Health

Winter 2018

For areas including: Marshfield, Stevens Point, Waupaca, Wausau, and Wisconsin Rapids

Compiled by the Central Wisconsin Counselor Association (CWCA) Planning Committee

Updated by St. Michaels Mental Health Unit
ADVOCATE PSYCHOTHERAPY SERVICE  www.advocatepsychservices.com

Stevens Point Location:
3233A Business Park Drive Suite 304
Stevens Point, WI 54481
Phone: (715) 544-4435
Fax: (715) 952-4995
Mental Health Specialist: Kathryn Berg, MA  kathy@advocatepsychotherapyservices.com
Mental Health Specialist: Katrina Arnold, MSW, APSW

Wisconsin Rapids Location:
241-17th Avenue
Wisconsin Rapids, WI 54494
Phone (800) 681-2374
Mental Health Specialist: Steve Johnson, MA, LPC, NCC  steve@adocatepsychservices.com
Mental Health Specialist: Aaron King  aaron@advocatepsychotherayservices.com

ALLIANCE HEALTH CLINIC  www.alliancehealthclinic.com

2417 Post Road Building A, Stevens Point, WI, 54481
Phone: (715) 690-1272
Mental Health Specialist: Jude Stenovitch, MD
Areas of Expertise: Adult psychiatry
Mental Health Specialist: Diane Maciejewski, LMFT
Areas of Expertise: Individual and family therapy.
Mental Health Specialists: Ernestine Wagner, PA-C
Kathyrn Goel, PHD
Jessie Jensen, LPC
Megan Bednarczyk, MS, CRC, LPC
Day Frye, LMFT
Victoria Pahl, PA-C
Frieda Gear, PA-C

ASSOCIATED EMPLOYEE ASSISTANCE SERVICES

Offices are in Plover, Wisconsin Rapids, Marshfield, Wausau, Weston and northern counties.
They do not provide outpatient therapy beyond the scope of EAP.

Stevens Point Location:
1820 Post Road #5, Plover, WI, 54467
Phone: (715) 344-6379
Mental Health Specialists: Leah Szemborski, LPC
Karen Genisot, LPC
Mary Mattes, LPC-T

Wausau Location:
301 Kent Street, Wausau, WI, 54401
Phone: (800) 540-3758
Mental Health Specialist: Gary Yeast, LMFT
Barb Yeast
Wisconsin Rapids Location:
3930 8th Street South, Suite 101, Wisconsin Rapids, WI, 54494
Phone: (715) 423-2030

Marshfield Location:
2001 s. Central Ave Marshfield, WI 54449

Mental Health Specialists:
- Jenna Saul, MD DFAACAP
- Lynn Martin, MS, LPC
- Mary Kate Friess, NP
- Janielle Prince, LCSW
- Stacey Kubisiak, LPC-IT
- Jo Yenske, LPC, NCC
- Tammy Fischer, APSW
- Patricia Benoit, LMFT
- Genessa Antoniewicz, LPC-IT
- Chelsea Scheirhauer, APSW
- Jessica Noah, LMFT, IT
- Krista Chase, MS ED, MS, LPC-IT
- Jolene Nowak, MS LPC
- Kristine Koplitz, MAC, LPC
- Shelley Strojny, NP

BEHAVIORAL HEALTH CLINIC www.bhcwausau.com

Wausau Location:
3600 Stewart Ave, Suite B, Wausau WI 54401
Phone: (715)842-9500
Fax: (715) 848-0425

Plover Location:
1820 Post Road Suite 1 Plover, WI 54467

Weston Location:
2405 Schofield Avenue Suite 220 Weston, WI 54476

Mental Health Specialist: Jeff Willems, Ph. D (Weston)
Areas of Expertise:
- CBT. Anxiety Disorders, PTSD, OCD and social anxiety..

Mental Health Specialist: Rachel Pagel, MS, LPC, CSAC, CS-IT (plover)
Areas of Expertise:
- Experience working with couples and families. Women with borderline personality disorder and adults with emotional disregulation.

Mental Health Specialist: Cali Schneller, MS, LPC, (plover)
Areas of Expertise:
- Experience working with children, adolescents with emotional and behavioral difficulties.

Mental Health Specialist: Rachel Semrow, MSE, LPC, SAS (Weston)
Areas of Expertise:
- Counsels individual of varying ages and degrees of mental health needs. She has extensive experiences in working with adults and adolescents addressing their personal goals in therapy.

Mental Health Specialist: Shannon Huff, E.d.S. (plover)
Areas of Expertise:
- Experience in conducting psycho-educational evaluations and providing feedback recommendations to families as well as teachers. Only offers testing services.
<table>
<thead>
<tr>
<th>Mental Health Specialist:</th>
<th>Stacy Luther, M.S. (plover)</th>
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</thead>
<tbody>
<tr>
<td>Areas of Expertise:</td>
<td>Focus on Elementary Education. Only offers testing services.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Allyson Ende, Psy.D (Wausau)</td>
</tr>
<tr>
<td>Areas of Expertise:</td>
<td>Specializing in children ages 7 and older: depression, Bipolar, anxiety, stress and coping skills.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Ashley Bolling, MS, LPC, SAC (Wausau)</td>
</tr>
<tr>
<td>Areas of Expertise:</td>
<td>experience working individually with children, age 5 through adult in an outpatient setting, treating multiple symptoms and concerns.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Kathleen Alexander, M.S. (Wausau)</td>
</tr>
<tr>
<td>Areas of Expertise:</td>
<td>Only offers testing services.</td>
</tr>
<tr>
<td>Mental Health Specialist:</td>
<td>Kristen Brown, MSW, LCSW (Wausau)</td>
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<tr>
<td>Areas of Expertise:</td>
<td>Strength based, family centered, and solution focused therapy.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Brian Weiland, Psy.D (owner) (plover and Wausau)</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Heather Meggers-Wright, Ph.D (owner) (plover and Wausau)</td>
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<tr>
<td>Areas of Expertise:</td>
<td>Sex and Intimacy, anxiety and fear, weight and self-esteem. Depression and Bipolar Disorder.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Melanie Strand, CSAC (Wausau)</td>
</tr>
<tr>
<td>Areas of Expertise:</td>
<td>Addiction, Impaired Professionals, phobia and anxiety.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Judy Lemke, MS, LPC, LCSW (Wausau)</td>
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<tr>
<td>Areas of Expertise:</td>
<td>Experience in assisting individuals with co-occurring disorders, relationship issues, mood disorders, anxiety, depression, grief and loss, change of life.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Laurie Doepke, MS, LPC, NCC (Weston)</td>
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<tr>
<td>Areas of Expertise:</td>
<td>Centered focus. Cognitive behavioral therapy. Life stressors, anxiety, fear and depression.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Shannon Schaefer, PH.D. (Wausau)</td>
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<tr>
<td>Areas of Expertise:</td>
<td>Depression, Anxiety, Couples and PTSD.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Timothy Freundl, MS, LPC (Wausau)</td>
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<tr>
<td>Areas of Expertise:</td>
<td>OCD, PTSD, Personality Disorders, Psycho Somatic Complaints and Self-Harm.</td>
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<tr>
<td>Mental Health Specialist:</td>
<td>Savannah Whitemarsh, Psy D. (Plover)</td>
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<tr>
<td>Areas of Expertise:</td>
<td>Psychological evaluations. ADHD.</td>
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</table>
CATALPA HEALTH  www.catalpahealth.org

815 W. Fulton St., Suite 6  Phone: (920) 882-0225
Waupaca, WI 54981  Fax: (920) 882-0225

Mental Health Specialist:  Julie Decker, MS, LPC
Areas of Expertise:  Mental health therapist who sees children and teens ages 2-18. Passionate about helping children grow past their difficulties and achieve their full potential.

Mental Health Specialist:  Jane Doolan, MS, LPC
Areas of Expertise:  Mental health therapist that works with pre-school children through teenagers. Has a special interest in foster/adaption/displaced children and youth, youth aging out of foster care, trauma survivors, LGBT youth, gender identity, anxiety, depression, mood and adjustment disorders, and grief and loss.

Mental Health Specialist:  Lois Johnson, MS ATR, LPC
Areas of Expertise:  Licensed Professional Counselor and a Registered Art Therapist who works with children, teens, and their families, individually and in groups.

Mental Health Specialist:  Elissa Stults, MA, LMFT
Areas of Expertise:  Licensed Marriage and Family Therapist who works with children 8-18 and their parents and families to help them learn to manage their anxiety, depression, family conflict, parenting concerns, grief, crisis, communication concerns, and stress.

CENTER FOR HUMAN DEVELOPMENT  www.chdevelopment.org

631 Forest Street,  Wausau, WI, 54401  Phone: (800) 236-3792

Mental Health Specialist:  Lee Webster, MSW
Areas of Expertise:  Individuals, marriages, and families.

Mental Health Specialist:  Barb Webster, MS
Areas of Expertise:  EMDR and meditation, individuals, adults, couples, families, teens and young children.

Mental Health Specialist:  Erin Morgan, LCSW
Areas of Expertise:  Depression, anxiety, parenting and communication skills, abuse issues.

Mental Health Specialist:  Suzanne Grim, LMFT
Areas of Expertise:  Women, couples, families, mood disorders, ADD/ADHD, chemical issues, grief, abuse, and eating disorders.

Mental Health Specialist:  David Tice, LPC
Areas of Expertise:  Anger issues, anxiety, depression, conflict management, couples and marital concerns, crisis and intervention, men’s issues, suicide and its effects on others.

Mental Health Specialist:  Corina Helgstad MA, PC
Areas of Expertise:  Teenagers with self-esteem issues, cutting, suicide, depression, anxiety.

Mental Health Specialist:  Tonia Backman BA, MSW, APSW
Areas of Expertise:  Depression, anxiety, post-abortion, grief/loss.
Stevens Point Location (Satellite Office):
2925 Post Road Suite 5, Stevens Point, WI 54481

Wisconsin Rapids Location (Main Office):
320 West Grand Avenue, Suite 304A, Wisconsin Rapids, WI, 54494  Phone: (715) 424-6960

Mental Health Specialist: Roger Pagel, MSE, LCSW
Areas of Expertise: Wide variety of mental health issues.

Mental Health Specialist: Ann Soe, MSSW, LCSW
Areas of Expertise: Depression, couples, family systems, women’s issues, ADHD, abuse issues, spirituality, health and wellness.

Mental Health Specialist: Jean Banks, Ph.D
Areas of Expertise: Children’s disorders and couples, depression, anxiety, anger management, sexual abuse recovery for men and women, couples.

Mental Health Specialist: Molly McLaughlin, MSW, LMFT
Areas of Expertise: Couples, families and children of all ages, divorce and separation, crisis intervention, mood disorders, anxiety disorders, ADHD, grief and loss, abuse, personal growth/healing.

Mental Health Specialist: Jennifer Stoiber, BS
Areas of Expertise: Extensive experience as a mediator, administers psychological testing for the clinic.

Mental Health Specialist: Amy Gunderson, BS
Areas of Expertise: Business Manager for Central Wisconsin Counseling Associates.

Mental Health Specialist: Erin Johnson, M.A.
Areas of Expertise: Families and children, anxiety, compulsive disorders, stress management, crisis intervention, social skills development.
Marshfield Location:
101 W. McMillan Street, Suite 2B, Marshfield, WI 54449
Phone: (715) 389-9382
Fax: (715) 848-8665

Mental Health Specialists:
Tricia A Cotrone, MA, LPC, NCC
Georgia Wiese, MS, LPC
Julie Nelson, MS, LPC
Carissa Weber, MA, LPC, CSAC
Patrick Rohr, MA, LPC
Russ Schultz, MSW, LCSW, SAS

Wausau Location:
2620 W. Stewart Avenue, Suite 310, Wausau, WI 54401
Phone: (715) 848-0525
Fax: (715) 848-8665

Mental Health Specialists:
Rick Jass, MA, LPC
David Sliefert, MA, LPC
Tricia Cotrone, MA, LPC, NCC
Georgia Wiese, MS, LPC
Julie Nelson, MS, LPC
Patrick Rohr, MA, LPC
Carissa Weber, MA, LPC, CSAC
Krystal Holz, MA, LPC
Russ Schultz, MSW, LCSW, SAS
David Pelo, PH.D.

CHILD AND ADOLESCENT PSYCHIATRY CONSULTING (CAPC)
drjenna.net

Marshfield Location:
2001 S. Central Ave.
Marshfield, WI 54449
E-Mail: marshfieldoffice@drjenna.net
Phone: 715-384-2818
Fax: (715) 384-2724

Horses Treat, LLC
2001 S. Central Ave.
Marshfield, WI 54449
Email: courage.horsetreat@drjenna.com
Phone: (715) 384-2818
www.horsetreat.com

Mental Health Specialists:
Jenna Saul, MD
Jolene Nowak, MS, LPC
Genessa Antoniewicz, LPC-IT
Chelsea Scheithauer, APSW
Jessica Noah, LMFT-IT
Kris Koplitz, LPC-IT
Tammy Fischer, APSW
Krista Chase, M.S.ED, MS, LPC-IT
Wisconsin Rapids Location: 
3930 8th Street South, Suite 101 
Wisconsin Rapids, WI 54494 
E-Mail: rapidsoffice@drjenna.net 
Phone: (715) 423-2032 
Fax: (715) 423-2032 

Mental Health Specialist: 
Shelly Strojny, NP 
Mary Kate Fries, NP 
Stacey Kubisiak, LPC-IT 
Lynn Martin, MS, LPC 
Jo Yeske-Bishop, LPC, NCC 
Janelle Prince, LCSW 

CHILDREN’S HOSPITAL OF WISCONSIN COMMUNITY SERVICES: 
CHILD AND FAMILY COUNSELING- www.chw.org

Marshfield Location:
601 S Central Avenue, Suite 200, Marshfield, WI 54449
Fees: Sliding scale, Insurance, MA (United Way Agency)
Phone: (715) 387-2729
Fax: 888- 485-4412

Mental Health Specialist: Jeff Ongna, MS, LPC
Areas of Expertise: Specializes in treating children and families, recovery from trauma such as physical or sexual abuse, anxiety, depression, victimization, adjustments to a variety of life circumstances and healthy relationships such as anger management alternatives to domestic abuse. He helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or are disruptive in the community.

Mental Health Specialist: Lisa Miller, MS, LPC
Areas of Expertise: Specializes in treating children and families, recovery from trauma such as physical or sexual abuse and witness to domestic violence, anxiety, depression, victimization and adjustments to a variety of life circumstances. She has diverse experience in working with individuals, couples, families and groups.

Stevens Point Location:
1466 Water Street Suite 2 
Stevens Point, WI 54481 
Phone: (715)341-6672 
Fax: (715)341-8004

Mental Health Specialist: Monica Hellweg, MAC, LPC, NCC
Areas of Expertise: Works with children ages 3-18 in areas of social, academic, behavioral, emotional, and attention issues. Uses strength-based and positive psychology techniques.

Mental Health Specialist: Stacey Salyers MSW, LCSW
Areas of Expertise: Works with children, adolescents, and adults. Has a background of working with children in the welfare system, juvenile sex offenders, and LGBT. She also has experience with depression, anxiety, and PTSD. Helps patients in developing healthy relationships and coping skills to allow for emotional balance.

Mental Health Specialist: Nicholas Schneider, MSE, LPC
Areas of Expertise: Specializes in family therapy.
Wausau Location:
705 S 24th Ave, Suite 400, Wausau, WI 54401
Fees: Sliding scale, Insurance, MA (United Way Agency)

Mental Health Specialist: Susan O’Day, MS, LPC
Areas of Expertise: Specializes in treating anxiety, reactions to trauma, depression, victimization, anger, domestic abuse and adjustments to a variety of life circumstances. She helps children, youth and their parents resolve conflicts that interfere with family life, academic progress, or the community.

Mental Health Specialist: Lisa Harrenstein, LPC
Areas of Expertise: Helps children, adolescents and adults and families heal their wounds and transform their lives for the better. She has experience working with survivors of abuse and trauma.

Mental Health Specialist: Stephanie Hamann, MA, LPC
Areas of Expertise: Looks for the strengths in each child and parent in the process of working through challenges. By using a variety of therapeutic approaches and techniques including play therapy, client-centered therapy, cognitive behavioral therapy and other creative interventions, I help parents to develop an understanding of the difficulties and the needs of their children in those particular times with the goal that each client can learn, grow and heal into the person they were made to be.

CLINICAL AND FORENSIC SERVICES www.clinicalservices.com

PO Box 1535
420 1st Avenue South
Wisconsin Rapids, WI. 54495
Email: clinicalservices@solarus.net
Phone: (715) 424-3400
Fax: (715) 424-3441

Mental Health Specialist: Michael Jan Nelson, PhD, FACFP
Areas of Expertise: Forensic psychologist. Performs evaluations for attorneys and the court in criminal and civil matters. Other interests include treatment of depression and marital conflict, assessment of ADD/ADHD, personality learning, cognition and other psychological concerns.

Mental Health Specialist: Michael Surendonk, MSSW, ICSW
Areas of Expertise: Couples, families, and individuals. Stress and anger management, alcohol abuse within the family, emotional and behavioral problems of children, parent/child conflict.

Mental Health Specialist: Dan Horgan, MSW, ICSW
Areas of Expertise: Children and adolescents with behavioral and emotional problems, adults and children diagnosed with ADD. Military veterans with issues of family conflict, trauma, and posttraumatic stress
## Wausau Location:
530 Grant Street, Wausau, WI, 54403

**Mental Health Specialist:** Lynne Buechler, MS, LPC, LCSW, ICS, CSAC  
Areas of Expertise: AODA Assessments and Treatment, OWI Follow-up, Depression, Anxiety, Gambling.

**Mental Health Specialist:** Amanda Neta, LCSW  
Areas of Expertise: Child and Adolescent Behavioral Challenges, Depression and Mood Disorders, Adjustment and Anxiety, Trauma and Abuse and Self-Esteem.

**Mental Health Specialist:** Andy Cameron, PhD, LPC  
Areas of Expertise: Behavioral Addictions (Gambling, Shopping, Internet Use), Depression and Mood Disorders, Anxiety and Phobias, Post-traumatic Stress Disorder (PTSD), Obsessive-Compulsive Disorder (OCD) and OCD Spectrum Behaviors, Codependency, LGBT Issues, Alcohol and Drug Abuse Assessments and Treatment, Couples.

**Mental Health Specialist:** Amber Myska, LCSW  
Areas of Expertise: Child and Adult Mental Health, Child Abuse and Neglect, Intrafamilial Sexual Abuse, Poverty, Domestic Violence, Juvenile Corrections, Children Long Term Disabilities, and Rehabilitative Services. She works with children, adolescents, adult, and families.

**Mental Health Specialist:** Whitney Crochiere, MA  
Areas of Expertise: Whitney holds a Master's degree in Mental Health Community Counseling and a Bachelor's degree in Psychology. She works primarily with adolescents, adults, couples, and families. She has had experience working at a community clinic, corrections-based setting, and substance abuse clinic.

**Mental Health Specialist:** Mark Becker, LCSW  
Areas of Expertise: Trauma/PTSD, Relationship Issues, Anxiety, Depression, Alcohol and Drug Abuse Issues, Behavioral Addictions, Anger, Self-Empowerment.

**Mental Health Specialist:** Liz Unrath, LPC, PhD  
Areas of Expertise: Anxiety, Depression, PTSD, OCD, anger management, Grief Loss Reaction.

**Mental Health Specialist:** Julie Edmondson  
Areas of Expertise: Areas of specialization: dual disorders, anxiety, depression, AODA assessments and treatment as well as court ordered evaluations, driver safety plans, co dependency, chronic pain, grief and loss issues and trauma.

**Mental Health Specialist:** Robin Swanson, MA, LPC-IT  
Areas of Expertise: Anxiety, Depression, Life Transitions, Parenting, Peer Relationships, Stress management, relationship issues, Self-image and Esteem.

## Wisconsin Rapids Location:
420 3rd St. S, Wisconsin Rapids, WI. 54494

**Mental Health Specialist:** Julie Edmondson  
Areas of Expertise: Areas of specialization: dual disorders, anxiety, depression, AODA assessments and treatment as well as court ordered evaluations, driver safety plans, co dependency, chronic pain, grief and loss issues and trauma.

**Mental Health Specialist:** Robin Swanson, MA, LPC-IT  
Areas of Expertise: Anxiety, Depression, Life Transitions, Parenting, Peer Relationships, Stress management, relationship issues, Self-image and Esteem.
Mental Health Specialist: Elizabeth Kuhn, MSW, LCSW, BST
Areas of Expertise:
Anxiety, Depression, ADHD, Anger Management, Trauma, PTSD, Divorce, Blended families, Abuse/Neglect, Christian Counseling, Hoarding, Relationship Difficulties, Behavioral Issues in Children and Adolescents

Mental Health Specialist: Lori A. Kroening, APSW, CSAC
Areas of Expertise:
Dual Diagnosis Disorders, Court Ordered Treatment, Substance Abuse Recovery & Maintenance, Anxiety & Depression, Obsessions & Compulsions, Adjustment Disorders, Co-Dependence, Stages of Change Approach, Individual, Group, and Family Therapy

Mental Health Specialist: Samantha Casey LSW, LPC- IT
Areas of Expertise:
Individual and Group counseling for children and teens.

Mental Health Specialist: Rick Vela, MSW/LCSW
Areas of Expertise:

Mental Health Specialist: Jill Scheidegger, MS, LPC
Areas of Expertise:
Depression, anxiety, anger management, self-esteem, family stress, trauma, adjustment

DIX AND GILLETTE COUNSELING SERVICES
1720 Merrill Avenue #401
Wausau, WI 54401
Phone: (715) 675-3888
Mental Health Specialist: Michael P. Dix, MSMFT, CSAC
Mental Health Specialist: Patti Gillette, MA

ELMERGREEN ASSOCIATES, INC. www.elmergreen.com
114 Grand Avenue, Wausau, WI 54403
Phone: (715) 845-7175
Mental Health Specialist: Dennis Elmergreen, PsyD
Kandace Elmergreen, MS, LCSW
Doug Cybela, PhD
Kathleen George-Bol, LPC, MS
Sue Ellyn Wisnewski, MSSW, APSW
Tim Koller, LPC, MS, NCC, CFC
Robert Fox, MS, CADC
Courtney Derus, MA
Julie M. Gruenwald, M.S., LPC
Jeffrey Rothweiler, PhD
David Derus, MA
Donna Jasinski, LPC

EVANS COUNSELING
2714 Stewart Avenue, Wausau, WI 54401
Phone: (715) 849-3988
Mental Health Specialist: Dr. Kelly Evans
**HERGERT AND GAZIANO FAMILY COUNSELING**

252 South Central Ave Suite 21, Marshfield, WI 54449                  Phone: (715) 384-7579

**Mental Health Specialist:** Dan Frye, LMFT  
Areas of Expertise: Depression, anxiety, relational issues, parenting.

**Mental Health Specialist:** Jerry Olson, CSAC  
Areas of Expertise: Alcohol and drug abuse counseling.

**Mental Health Specialist:** Lisa Hergert, LPC

**MARATHON RESIDENTIAL & COUNSELING SERVICES**

www.mrcs.us

1611 North Seventh Street, Wausau, WI 54403 Phone: (715) 842-3240  
Fax: (715) 842-3640

**Mental Health Specialist:** Justin Stangl

**MARRIAGE AND FAMILY HEALTH SERVICES LTD**

www.marriageandfamilyhealthservices.com

501 S. Cherry Avenue  
Marshfield, WI 54449 Phone: (715) 486-8032  
Fax: (715) 486-9253

**Mental Health Specialist:** Tiffany Kula, MS  
Areas of Expertise: Individual, couples, and family therapy for children, adolescents, and their families specializing in behavior management, trauma, and abuse.

**Mental Health Specialist:** Chris Giese, MS, LPC  
Areas of Expertise: Individual, couples, and families of all groups. Specializes in attachment issues working with women in transition and victims of abuse.

**Mental Health Specialist:** Tammy Stargardt, PhD, LPC  
Areas of Expertise: Individual, couples, and family therapy for children, adolescents/teens and adults. She specializes in depression, anxiety, trauma, attachment issues, and childhood disorders. Tammy is experienced with children and adolescents with behavioral issues or those who have experienced trauma and/or abuse.

**Mikan Program:**  
Program Coordinators: Victor Michalek, BA; Katie Karl, BA

The Mikan Therapeutic Day Treatment is a state certified intensive program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group, and family psychotherapy services provided by licensed/certified doctoral and master’s prepared mental health professionals. Mikan provides client specific services addressing affect regulation, conscience development, relationship skills, solution finding, family dynamics, trauma/neglect survival skills, trauma reprocessing decision-making, social skills development, and alcohol and drug needs.
**Migisi Program:**

(5-11 year olds)

The Migisi Therapeutic Day Treatment is a state certified program specifically designed to meet the therapeutic/behavioral needs of children and adolescents. Clients receive up to four hours, five days per week of professional individual, group and family psychotherapy services provided by licensed/certified doctoral and master’s prepared mental health professionals. Migisi provides client specific services addressing emotional regulation, social skills, problem solving, family dynamics, healing from trauma/neglect, relationship depth skills and accountability.

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**MARSHFIELD CLINIC**

Marshfield, WI, 54449

Phone: (715) 387-5744

**Mental Health Specialist:**

- Anthony Louis, LCSW
- Celeste Jackson, NP
- Daniel Buss, LCSW
- Mike Fields, NP
- Celistino Balinghasay, MD
- Mary Hennessy, MD
- Erica Larson, DO
- Narendran Neelakantachar, MD
- Ajay Parsalk, MD
- Justin Shane, MD
- Alpa Shah, MD
- John Waters, MD
- Stacy Braun, PHD
- Josep Chojnacki, PHD
- Patricia Ellis, PHD
- Rebecca Janssen, CPC
- Julie Kaprelian, PHD
- Stephanie Kohlbeck, PHD
- Timothy Lichtenwald, PSYD
- Jennifer Michels, PHD
- Lisa Miller, MS
- Michael Miller, PHD
- Michael Schulein, PHD
- Myra West, PSYD
- Rachel Young, PSYD

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**MINISTRY BEHAVIORAL HEALTH**

**Stevens Point Location:**

209 Prentice Street N, Stevens Point, WI, 54481

Phone: (715) 344-4611

**Mental Health Specialist:**

Julie Hintzman, MSW, APSW, SAC, NCGC II

Areas of Expertise:

Works with people with mental health issues, along with chemical and gambling addiction. She specializes in the area of domestic violence, working with survivors and offenders. She also offers Christian counseling.
Mental Health Specialist: Dr. Ron Matthews, Ph.D
Areas of Expertise: Can help people with mental health and substance abuse issues. Provides marriage and family counseling. Has specialized training in assessing and treating people who have survived trauma. He has extensive training in conducting forensic evaluations for the justice system.

Mental Health Specialist: Sarah Foss, MS, LPC, CSAC
Areas of Expertise: Helps patients struggling with alcohol and drug abuse, depression, and anxiety issues. She works with individual, couples and families to address relational concerns.

Mental Health Specialist: Tracy Springer, MS, LPC-IT, CSAC
Areas of Expertise: She has a special interest in treating mental health and Substance abuse disorders.

Waupaca Location:
190 Grand Seasons Drive, Waupaca, WI 54981
Phone: (715) 258-8459

Mental Health Specialist: Teresa Taylor, MSE, LPC, CSAC, ICS
Area of Expertise: Specializes in helping people improve their communication skills by using direct honesty. She can help people develop effective coping skills.
MINISTRY MEDICAL GROUP (MMG) PSYCHIATRY

3398 E. Maria Drive, Stevens Point, WI, 54481 Phone: (715) 341-7441

Mental Health Specialist: Ed Buda, Ph.D
Areas of Expertise: Outpatient, individual, group, and family psychotherapy, behavior modification, children, adolescents and their families, psychological/intellectual/neurodevelopmental assessments, testing of patients ages 5+, neuro-feedback for ADHD and anxiety disorders.

Mental Health Specialist: Jay Cleve, Ph.D
Areas of Expertise: Adults, marital and couple, individual and group therapy, depression, personal and job stress, anxiety, grief and loss, codependency, and adult/children from dysfunctional and alcoholic families.

Mental Health Specialist: Pam Beyer, PsyD
Areas of Expertise: Children and adolescent issues, individual, group and family psychotherapy, psychological and intellectual assessments, testing of patients ages 5+.

Mental Health Specialist: Deb Spranger, MS
Areas of Expertise: Solution-focused approach, mood/behavioral disorders, attention deficits, abuse issues, grief/loss, relationship issues, children of all age, adolescents.

Mental Health Specialist: Terry Kaddatz, PsyD
Areas of Expertise: Adolescents, adults, and families, individual, couple, family and group therapy, intellectual and psychological assessments, testing for patients from adolescents through adulthood, bariatric patients.

Mental Health Specialist: Victoria Weller, MS
Areas of Expertise: Children and adolescents, parent training and stress reduction groups, interpersonal relationship difficulties, depression, sexual abuse issues, trauma and anxiety disorders, emphasis on cognitive-behavioral interventions.

Mental Health Specialist: Jacqueline Bienek, Ph.D
Areas of Expertise: Adults with emphasis on cognitive-behavioral and insight oriented modalities, psychotic disorders, mood disorders, substance abuse disorders, personality disorders.

Mental Health Specialist: Cheryl Homes, DCSW
Areas of Expertise: Individuals, couples, families and groups, phobias, anxieties, eating disorders, incest survivors, sexual dysfunction, stress management, depression, dysfunctional families, groups parenting skills, phobias, self-image for women, incest and sexual abuse, eating disorders and communication skills for couples, eclectic approach, variety of techniques, process therapy and education.

Mental Health Specialist: Lisa Huber, PsyD
Areas of Expertise: Psychological testing, individual psychotherapy for adolescents and adults, couples and family psychotherapy, mood and anxiety disorders, OCD, panic disorders, emphasis on cognitive-behavioral therapy, sexual trauma/abuse, interpersonal difficulties and transitional issues of both adolescence and adulthood.

Mental Health Specialist: Julie Schneider, MS, LPC
Areas of Expertise: Specializes in therapy with children and adolescents. She provides therapy for behavioral problems, anxiety, depression, oppositional defiant disorder, interpersonal relationship struggles and transitional concerns.
Mental Health Specialist: Jeffrey Willems, Ph. D
Areas of Expertise: Provides individual psychotherapy to adults presenting with a variety of mental health concerns. He specializes in the treating anxiety disorders, with and emphasis in cognitive-behavioral therapy. He has experience in empirically-based interventions for the treatment of PTSD.

NEW DIRECTIONS COUNSELING CENTER
www.newdirectionscc.com Email: staff@newdirectionscc.com

5541 Highway 10 East Suite B, Stevens Point, WI 54482
Phone: (715) 345-9690
Fax: (715) 345-2938

Mental Health Specialist: Diane Dickinson, MA, LCSW, LPC
Areas of Expertise: In addition to traditional psychotherapy techniques, Diane offers progressive techniques such as EMDR (for trauma recovery), bioresonance (an advanced form of biofeedback) past life regression therapy, and several other energy techniques that incorporate healing for the body and spirit as well as the mind and emotions.

Mental Health Specialist: Tim Koller, LPC, MS, NCC, CFC
Areas of Expertise: Parenting, blended families, ADHD, anger/temper management, school problems, depression and anxiety and marital problems are just a few of the many areas of his practice. Professionals who may be suffering from stress problems are welcomed. Tim has an extensive background working with adolescent and adult sex offenders and as a Certified Forensic Counselor he is well versed in these evaluations and assessments.

Mental Health Specialist: Peggy Greco, MS, MSE, LPC, NCC, Certified Dementia Specialist
Areas of Expertise: Children, adolescents, adults, couples, elderly and caregivers. Memory testing, cognitive/behavioral therapy, and brief solution focused therapy. Adjustment and mood disorders, social and school performance difficulties, self-esteem, and caregiver guidance/support.

Mental Health Specialist: Kiersten Carley, MA, LPC
Areas of Expertise: School aged children and teens, foster families

Mental Health Specialist: Kelsey Link, MA, LMFT
Areas of Expertise: Couples, families

Waupaca Location:
N2919 County Road QQ
Waupaca, WI 54981
Phone: (715)345-9690
Fax: (715)345-2938

NORTH CENTRAL HEALTH CARE www.norcen.org

1100 Lake View Drive, Wausau, WI, 54403
Phone: (715) 848-4600
Areas of Expertise: Family counseling, child & adolescent mental health services, crisis counseling, AODA services.
NORTHWEST JOURNEY – www.nwcgc.com

Stevens Point Location:  
525 4th Avenue,  
Stevens Point, WI 54481  
Email: nwjstevenspoint@nwcgc.com  
Phone: (715) 342-8065  
Fax: (715) 342-8073  
Program Coordinator: Laura Kowalski  
Mental Health Specialist: Kristi Nelson, Clinical Mental Health Coordinator  
Areas of Expertise: Day treatment for school age children.

Wausau Location:  
5655 N. 28th Avenue  
Wausau, WI 54401  
Email: NWJWausau@nwcgc.com  
Phone: (715) 675-5454  
Fax: (715) 675-0545  
Program Coordinator: Amy Marthaler  
Mental Health Specialists: Mindy Schuette & Jovid Schuette  
Areas of Expertise: At risk youth

Wisconsin Rapids Location:  
110 24th S. Street,  
Wisconsin Rapids, WI 54495  
Email: NWJWiRapids@nwcgc.com  
Phone: (715) 424-5040  
Fax: (715) 424-5720  
Program Coordinator: Laura Dockett  
Mental Health Specialists: Katie Wilson  
Areas of Expertise: At-Risk Youth

OSWALD COUNSELING ASSOCIATES www.oswaldcounselingassociates.com

2450 Vineyard Drive, Plover, WI, 54467  
Phone: (715) 342-0290

Mental Health Specialist: Lynne Oswald, MS, LCSW, LPC, CSAC  
Areas of Expertise: Works with all ages over 5 years old, clinical substance abuse, recovery and anxiety, play therapy, depression, anxiety and relationship therapy.

Mental Health Specialist: Christina Schreiner, MA, LPC, CSAC  
Areas of Expertise: Full spectrum of mental health and substance abuse, children 13 years & older, depression, anxiety & relationship therapy for couples & families.

Mental Health Specialist: Daniel, Derezinski, MS, LPC, CSAC  
Areas of Expertise: Works with full spectrum of mental health disorders and all forms of substance abuse, has extensive experience also working with individuals with developmental disabilities, department of correction referrals, OWI referrals, and individuals from various racial, ethnic, and religious backgrounds.

Mental Health Specialist: Deborah Furgason, MA, LPC  
Areas of Expertise: Full spectrum mental health and substance abuse, developmental department of corrections referrals, and individuals from various racial, ethnic and religious backgrounds.

Mental Health Specialist: Linda Kedrowski, MS, NCC  
Areas of Expertise: Works with all ages. Life balance.
Mental Health Specialist: Jacklynn Brock, M.S., L.M.F.T.
Areas of Expertise: Marriage and family therapist.

Mental Health Specialist: Lizzie Kriewald, MS, LPC, SAC
Areas of Expertise: Alcohol/drug abuse, families struggling with addiction related issues, women’s emotional health.

Mental Health Specialist: Erinn Nelson, MS, LPC
Areas of Expertise: anxiety, depression, relationship issues, parenting concerns, abuse and other trauma.

Mental Health Specialist: Curtis Mallow, SAC
Areas of Expertise: People transitioning out of corrections.

Mental Health Specialist: Jolene Nowak, MS, LPC
Areas of Expertise: Individual, Couples and family therapy to address issues including: childhood sexual abuse, anxiety, depression, ADHD, physical abuse, PTSD, child behavioral problems, parenting issues, grief, divorce and other mental health concerns.

Mental Health Specialist: Deb Piskoty MA, L.M.F.T, C.S.A.C, I.C.S
Areas of Expertise: 13 years experience treating substance abuse issues and trauma. Also has experience working with adolescents.

Mental Health Specialist: Marjorie Debevec-Marksteiner, MS, LPC
Areas of Expertise: Eating disorders, age 9 and older, ADHD, grief loss and trauma.

Mental Health Specialist: Steven Korzinek

Mental Health Specialist: Shannon Cole—Cameron, MSW, LCSW
Areas of Expertise: Specialty in substance abuse.

Mental Health Specialist: Melanie Strand, MS, CSAC
Areas of Expertise: Adjustment disorder, PTSD, Depression, Anxiety

Mental Health Specialist: Tracey Gusman, MA, LPC-IT, SAC-IT
Areas of Expertise: specialty in substance abuse

PROFESSIONAL SERVICES GROUP: (must be referred to by Social Services)

817 Whiting Avenue, Stevens Point, WI 54481
Areas of Expertise: At-risk youth.
RUTH GILFREY CENTER
817 Whiting Avenue, Stevens Point, WI, 54481 Phone: (715) 345-5350

Mental Health Specialist: Maureen Leahy, MD
Areas of Expertise: Adult psychiatry

Mental Health Specialist: Dr. Opaneye
Aimee Lehouillier, MSW, LCSW
Lisa Ruplinger, MSW, APSW

Raintree Wellness Counseling
N3983 Nichols Creek Rd, Waupaca, WI 54981 Phone: (715) 412-0178

Raintree Wellness Counseling offers individualized outpatient substance abuse/addiction treatment to families and business professionals. We focus on the emotional, physical and spiritual needs of each individual incorporating individualized relapse prevention planning. The combination of these tools delivers a powerful preventive mechanism for the perils of recidivism and relapse.

RIVERWOOD COUNSELING ASSOCIATES
www.riverwoodcounseling.org Email: riverwood_counseling@hotmail.com
1052 Main Street Suite 202, Stevens Point, WI, 544841 Phone: (715) 343-5256

Mental Health Specialist: Robert Miller, MA, LPC, SAC, Director
Areas of Expertise: unresolved trauma and substance abuse with at-risk adolescents, adults, couples and families

Mental Health Specialist: Jeana Magyar-Moe, Ph.D
Areas of Expertise: Works primarily with adults who desire assistance with depression, anxiety, grieving and stress-management.

Mental Health Specialist: Harry Deets, MSW, LCSW
Areas of Expertise: Marriage and family therapy, grief depression, men’s issues, parent-teen conflict, blended family, and faith issues. Depression, anxiety, grieving, stress-management, relationship issues, adjustment to life changes or transitions, self-esteem issues, career counseling, sport psychology, psychological testing and assessment, and behavior modification.

Mental Health Specialist: Cathryn Laszinski, LCSW, MSSW, CSAC
Areas of Expertise: Couple and relationship issues, depression, anxiety, life transition, grief, anger management, conflict resolution, substance abuse, and many other mental health issues.

Mental Health Specialist: Dennis Elsenrath, Psychologist
Areas of Expertise: Anxiety, Panic Disorders, behavioral modification, couples and family Therapy, depressive disorders, grief/loss and stress management.
STEPPING STONES COUNSELING CENTER, LLC
www.SteppingStonesCounselingCenter.org

219 Ross Avenue Suite 101,
Schofield, WI 54476
Phone: (715) 355-4999
Fax: (888) 214-5870
Email: DianeLLondon@aol.com

Mental Health Specialist: Diane L. London, MSMFT, LPC
Areas of Expertise: Works with children, adolescents and adults, including individuals, couples and families, enjoys working with a variety of issues including blended family issues, divorce adjustment, co-parenting issues, specialized training in EMDR (Eye Movement Desensitization and Reprocessing), MFLC (Military Family Life Consultant), sex therapy, AODA issues.

ST. MICHAEL’S HOSPITAL IN-PATIENT TREATMENT

900 Illinois Avenue,
Stevens Point, WI 54481
Phone: (715) 346-5645
Email: Laurie.Roberts@ministryhealth.org

Mental Health Specialist: Laurie Roberts, Mental Health Director

ST. VINCENT DE PAUL: OUTREACH CENTER

149 N. Central, Marshfield, WI 54449
Phone: (715) 387-0395

Director of Outreach Services: Deb Steltenpohl

Mental Health Specialist: Richard W. Pike, MSW (Tuesdays only)

THEDACARE BEHAVIORAL HEALTH

902 Riverside Drive, Waupaca, WI, 54981
Phone: (715) 720-2300

Mental Health Specialists: Melissa Habech
Inez Trantow
Michelle Hastings
Laura Adams-Burkley

THE CENTRE FOR WELL BEING INC. www.centreforwellbeing.net

901 N 6th Street Wausau, WI 54403
Phone: (715) 848-5022

607 Cedar Street Merrill, WI 54452
1415 Eagle Street Rhinelander, WI 54501

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Mental Health Specialists:

Noreen Salzman, MSW, LCSW
Juelette Higuera, MSW, LCSW
Amy Abel, MSW, APSW
Evelyn Lee, MS, LPC, SAC
Sandra Fuller-Burton, MS, LPC
Rachael Splinter, MA, LPC
Denise Sauter, MA, LPC-IT
William Schmelzer, PhD
Kevin Stamper, MS, LPC
Nanette Matthews, PhD
Julie Behnke, BS, CSAC
Steve Kuhn, MS, LPC
Amy Ostrem, MS, LPC
Michelle Gleason, MSW, LCSW
Greg Kresse, MSW, LCSW, SAC
Teresa Kuczmarski, MS, LPC
Melissa Skrzypchak, MSSW, LCSW, SASA
Miranda Babl, MS, LPC-IT
Amie Leonoff MSMFT, LMFT
Charity Nikolay, MS, LPC

WISE MIND MENTAL HEALTH CLINIC LLC  www.wisemindclinic.com
601 E. 3rd Street,  Marshfield, WI, 54449  Phone: 715-384-0080

Mental Health Specialist
Areas of Expertise:

Patricia K. Faber, MSW, LCSW
Anxiety, Depression, Trauma, Grief, Adjustment, Relationship Issues, Marriage Counseling/Couples Therapy Mood and Anxiety Problems – Pregnancy and Postpartum, Mood and Anxiety disorders, Emotion Dysregulation.

Mental Health Specialist:
Areas of Expertise:

Tracy L. Olson, MSW, LCSW
Knowledge of dialectical behavioral therapy. Has expertise with children ages five and up, teens, adults, couples, families, and groups

KATHERINE HAMILTON WRIGHT, PhD  www.kwrightphd.com
3600 Stewart Avenue, Suite B, Wausau, WI 54401  Phone: (715) 845-6949

CONNIE O’HERON, PhD
2620 Stewart Avenue, Suite 318, Wausau, WI 54401  Phone: (715) 843-0803
Mental Health Specialist:  Connie O’Heran, PhD, Clinical and Consulting Psychologist

SHANNON SCHAEFER, PhD  www.drshannon.net
2620 Stewart Avenue, Suite 318, Wausau, WI 54401  Phone: (715) 842-9500