### Central Service Technician

#### Functional Abilities

| Gross Motor Skills | • Move within confined spaces  
|                    | • Maintain balance in multiple positions  
|                    | • Reach above shoulders (e.g., adjust overhead lights)  
|                    | • Reach below waist (e.g., plug electrical appliance into wall outlet)  
|                    | • Reach out front  
| Fine Motor Skills  | • Pick up objects with hands  
|                    | • Grasp small objects with hands firm and slight (ex. surgical instruments, sutures)  
|                    | • Write with pen or pencil  
|                    | • Key/type (e.g., use a computer)  
|                    | • Pinch/pick or otherwise work with fingers (e.g., manipulate a Syringe)  
|                    | • Twist (e.g., turn objects/knobs using hands)  
|                    | • Squeeze with finger (e.g., eye dropper)  
|                    | • Manual dexterity  
|                    | • Finger dexterity  
|                    | • Simultaneous use of hands, wrists, fingers  
|                    | • Coordinate eye-hand and eye-hand foot (e.g., pumping soap dispenser and surgical scrub)  
| Physical Endurance | • Stand for long periods of time from 2-4 hours.  
|                    | • Maintain same position for long periods of time  
|                    | • Sustained repetitive movements  
|                    | • Function in a fast-paced work environment for hours  
| Physical Strength  | • Push and pull 50 pounds (e.g., carry instrument pans, position client move equipment)  
|                    | • Support 50 pounds of weight (e.g., hold arm or leg)  
|                    | • Lift 50 pounds (e.g., pick up a child, transfer client, bend to lift an infant child)  
|                    | • Carry equipment/supplies (e.g., lift instrument pans)  
|                    | • Use upper body strength (e.g., retraction, physically restrain a Client)  
|                    | • Squeeze with hands (e.g., operate fire extinguishers)  
| Mobility           | • Stand  
|                    | • Walk  
|                    | • Twist  
|                    | • Turn  
|                    | • Bend  
|                    | • Stoop  
|                    | • Squat  
|                    | • Sit  
|                    | • Climb stairs  
|                    | • Move quickly  
| Hearing            | • Hear normal speaking level sounds (e.g. person to person conversation, request for an instrument).  
|                    | • Hear faint voices and body sounds (e.g., heartbeat)  
|                    | • Discriminate speech in presence of background noises.  
|                    | • Hear in situations when not able to see lips (e.g., masks are worn in the operating room)  
| Vision             | • See objects up to 20 inches away (e.g., information on monitor screen, identification of small needles)  
|                    | • See objects up to 20 feet away  
|                    | • Use depth perception  
|                    | • Use peripheral vision  
|                    | • Distinguish color and color intensity (e.g., color codes on supplies)  
|                    | • See in darkened room (e.g., during endoscopic procedures, eye surgery)  

| Tactile | • Feel vibrations (e.g., palpate pulses)  
• Detect temperature (e.g., solutions)  
• Feel differences in surface characteristics  
• Feel differences in sizes, shapes  
• Detect environment temperature |
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| Environment | • Tolerate exposure to allergens (e.g., latex gloves, chemical substances)  
• Tolerate strong soaps  
• Tolerate strong odors  
• Exposure and tolerate unpleasant sights and sounds, electrical energy, solvents, grease, oils, slippery or uneven walking surfaces and excessive noises  
• Tolerate working in confined spaces for extended periods of time  
• Tolerate wearing protective equipment (e.g., mask, gown, gloves, glasses, laser, radiation)  
• Tolerate working indoors  
• Tolerate working in extreme temperatures |
| Reading | • Read and understand written documents  
• Read digital displays |
| Math | • Count, adds, subtract, multiply and divide whole numbers.  
• Compute fractions and decimals.  
• Document numbers in records.  
• Tell and measure time.  
• Read measurement marks (e.g., rulers, scale) |
| Emotional | • Establish professional relationships  
• Adapt to changing environment/stress  
• Deal with the unexpected (e.g., client condition, crisis)  
• Focus attention on task  
• Cope with own emotions  
• Perform multiple responsibilities concurrently  
• Cope with strong emotions in others (e.g., grief, anger, stress)  
• Accept constructive feedback  
• Accept responsibility for own actions |
| Analytical Thinking | • Transfer knowledge from one situation to another  
• Process and interpret information from multiple sources (written or oral)  
• Analyze and interpret abstract and concrete data  
• Evaluate outcomes  
• Problem solve  
• Prioritize tasks (e.g., time management)  
• Use long-term memory  
• Use short-term memory |
| Critical Thinking | • Identify cause-effect relationships  
• Plan/control activities (organizational skills)  
• Sequence information  
• Make decisions independently  
• Adapt decisions based on new information  
• Comprehend and follow instructions  
• Follow a process from start to finish (e.g., 2 or more step instruction) |
| Interpersonal Skills | • Establish rapport with individuals (e.g., surgeons, staff and group members)  
• Respect/value diversity in others  
• Negotiate interpersonal conflict  
• Demonstrate tolerance in working with others  
• Function as part of a team |
| Communication Skills | • Speak English  
• Write English  
• Listen/comprehend spoken/written word  
• Collaborate with others (e.g., health care workers, peers)  
• Comprehend and exhibit non-verbal communication |