## Central Service Technician

### Functional Abilities

| Gross Motor Skills | • Move within confined spaces  
• Maintain balance in multiple positions  
• Reach above shoulders (e.g., adjust overhead lights)  
• Reach below waist (e.g., plug electrical appliance into wall outlet)  
• Reach out front |
|-------------------|--------------------------------------------------------------------------------------------------|
| Fine Motor Skills | • Pick up objects with hands  
• Grasp small objects with hands firm and slight (e.g., surgical instruments, sutures)  
• Write with pen or pencil  
• Key/type (e.g., use a computer)  
• Pinch/pick or otherwise work with fingers (e.g., manipulate a Syringe)  
• Twist (e.g., turn objects/knobs using hands)  
• Squeeze with finger (e.g., eye dropper)  
• Manual dexterity  
• Finger dexterity  
• Simultaneous use of hands, wrists, fingers  
• Coordinate eye-hand and eye-hand foot (e.g., pumping soap dispenser and surgical scrub) |
| Physical Endurance | • Stand for long periods of time from 2-4 hours.  
• Maintain same position for long periods of time  
• Sustained repetitive movements  
• Function in a fast-paced work environment for hours |
| Physical Strength | • Push and pull 50 pounds (e.g., carry instrument pans, position client move equipment)  
• Support 50 pounds of weight (e.g., hold arm or leg)  
• Lift 50 pounds (e.g., pick up a child, transfer client, bend to lift an infant child)  
• Carry equipment/supplies (e.g., lift instrument pans)  
• Use upper body strength (e.g., retraction, physically restrain a Client)  
• Squeeze with hands (e.g., operate fire extinguishers) |
| Mobility | • Stand  
• Walk  
• Twist  
• Turn  
• Bend  
• Stoop  
• Squat  
• Sit  
• Climb stairs  
• Move quickly |
| Hearing | • Hear normal speaking level sounds (e.g., person to person conversation, request for an instrument).  
• Hear faint voices and body sounds (e.g., heartbeat)  
• Discriminate speech in presence of background noises.  
• Hear in situations when not able to see lips (e.g., masks are worn in the operating room) |
| Vision | • See objects up to 20 inches away (e.g., information on monitor screen, identification of small needles)  
• See objects up to 20 feet away  
• Use depth perception  
• Use peripheral vision  
• Distinguish color and color intensity (e.g., color codes on supplies)  
• See in darkened room (e.g., during endoscopic procedures, eye surgery) |
| Tactile                              | • Feel vibrations (e.g., palpate pulses)  
|                                     | • Detect temperature (e.g., solutions)  
|                                     | • Feel differences in surface characteristics  
|                                     | • Feel differences in sizes, shapes  
|                                     | • Detect environment temperature  
| Environment                         | • Tolerate exposure to allergens (e.g., latex gloves, chemical substances)  
|                                     | • Tolerate strong soaps  
|                                     | • Tolerate strong odors  
|                                     | • Exposure and tolerate unpleasant sights and sounds, electrical energy, solvents, grease, oils, slippery or uneven walking surfaces and excessive noises  
|                                     | • Tolerate working in confined spaces for extended periods of time  
|                                     | • Tolerate wearing protective equipment (e.g., mask, gown, gloves, glasses, laser, radiation)  
|                                     | • Tolerate working indoors  
|                                     | • Tolerate working in extreme temperatures  
| Reading                             | • Read and understand written documents  
|                                     | • Read digital displays  
| Math                                | • Count, adds, subtract, multiply and divide whole numbers.  
|                                     | • Compute fractions and decimals.  
|                                     | • Document numbers in records.  
|                                     | • Tell and measure time.  
|                                     | • Read measurement marks (e.g., rulers, scale)  
| Emotional                           | • Establish professional relationships  
|                                     | • Adapt to changing environment/stress  
|                                     | • Deal with the unexpected (e.g., client condition, crisis)  
|                                     | • Focus attention on task  
|                                     | • Cope with own emotions  
|                                     | • Perform multiple responsibilities concurrently  
|                                     | • Cope with strong emotions in others (e.g., grief, anger, stress)  
|                                     | • Accept constructive feedback  
|                                     | • Accept responsibility for own actions  
| Analytical Thinking                 | • Transfer knowledge from one situation to another  
|                                     | • Process and interpret information from multiple sources (written or oral)  
|                                     | • Analyze and interpret abstract and concrete data  
|                                     | • Evaluate outcomes  
|                                     | • Problem solve  
|                                     | • Prioritize tasks (e.g., time management)  
|                                     | • Use long-term memory  
|                                     | • Use short-term memory  
| Critical Thinking                   | • Identify cause-effect relationships  
|                                     | • Plan/control activities (organizational skills)  
|                                     | • Sequence information  
|                                     | • Make decisions independently  
|                                     | • Adapt decisions based on new information  
|                                     | • Comprehend and follow instructions  
|                                     | • Follow a process from start to finish (e.g., 2 or more step instruction)  
| Interpersonal Skills                | • Establish rapport with individuals (e.g., surgeons, staff and group members)  
|                                     | • Respect/value diversity in others  
|                                     | • Negotiate interpersonal conflict  
|                                     | • Demonstrate tolerance in working with others  
|                                     | • Function as part of a team  
| Communication Skills                | • Speak English  
|                                     | • Write English  
|                                     | • Listen/comprehend spoken/written word  
|                                     | • Collaborate with others (e.g., health care workers, peers)  
|                                     | • Comprehend and exhibit non-verbal communication  
